



R.N.

NOV. 1948

where itch is,
poise
is not



The social, psychic and economic threat of itch is singularly simple to counter with—Calmitol—first thought in pruritus.

quick block of pruritic sensation at the point of origin is achieved since Calmitol raises the threshold of receptor organs and sensory nerve filaments.

prolonged comfort is assured for Calmitol's antipruritic ingredients, camphorated chloral and hyoscyamine oleate, are maintained in intimate contact with the lesion by a clinging protective base.

convenience and safety in use characterize this soft, easily applied, clean and aesthetic ointment conveniently packaged for pocket or purse. Frequent applications are unnecessary except in unusual circumstances. Even then, it is an eminently safe, purely local agent free from stimulating or keratolytic drugs—contains neither phenol, nor cocaine, nor any of their derivatives.

CALMITOL

Thos. Leeming & Co. Inc.

155 EAST 44th ST., NEW YORK 17, N. Y.

R.N. CONTENTS

november, 1948

vol. 12, no. 2

features

- 30 R.N. Speaks: Compromise or Conversion?
Alice R. Clarke, R.N.
- 32 The Negro Nurse in the U.S.
Charlotte Shapiro, R.N.
- 35 Poem: Thanksgiving Dilemma
Margaret E. Bateman, R.N.
- 36 Candid Comments—On the Spirit of Nursing
Janet M. Geister, R.N.
- 39 Probie
- 40 The Case of the R.N. Anesthetists
Alice R. Clarke, R.N.
- 46 Nurses and Wills
Christine R. Kefauver, R.N.
Counselor at Law
- 48 R.N.'s Christmas Cues
- 50 Cricket on Your Wrist
- 51 Prognosis: excellent—Treatment: unique
Ruth B. Scott, R.N.
- 75 Get Life Into Your Association Meetings

departments

- 5 Debits and Credits
- 23 Science Shorts
- 54 Reviewing the News
- 101 Positions Available

cover credits

Photographer: Walter Herstatt
Cap and Pin: Provident Hospital,
Chicago, Ill. First school of nursing
for Negro nurses in the U.S.

editor:

Alice R. Clarke, R.N.

assistant editor:

Marion Scraver Gibba

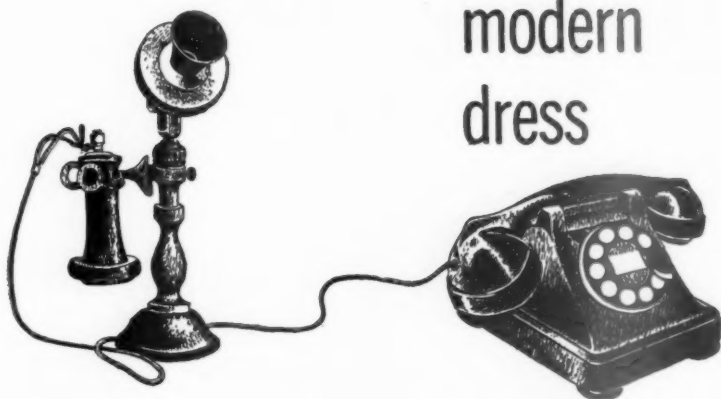
art director:

Jo Brown

Circulation 150,000 registered nurses monthly. Copyright 1948, The
Nightingale Press, Inc., Rutherford, N.J. Lansing Chapman, Publisher.
25c a copy. \$3 a year for inactive nurses (Canada and foreign, \$3.50)

Time - Tried Reliability

in
modern
dress



Minit-Rub acts to relieve pain by one of the oldest principles in therapeutics—that of counterirritation.

But Minit-Rub is a *modern* counter-irritant—your patients will appreciate its clean simplicity.

Minit-Rub combines oil of mustard, menthol, and camphor in a stainless, greaseless, vanishing base—it will not stain or harm fine fabrics.

Through its pronounced analgesic action, Minit-Rub relieves the discomfort of aching chest muscles in uncomplicated chest colds—its clean invigorating odor relieves the feeling of nasal congestion.

By direct rubefaction at the site of application, Minit-Rub tends to improve local circulation, relieve the painful symptoms of neuralgia, arthralgia, muscular aches and pains.

Minit-Rub is prompt in acting, a pleasure to use. It produces a delightful cooling sensation on the skin surface, a sense of soothing warmth in the affected areas. Just massage it on briskly.

Product of BRISTOL-MYERS
19 West 50 Street, New York 20, N. Y.



relief begins in
a matter of minutes



↑ Ordinary nurser. Moving lights show motions needed to place nipple in feeding position.

Seamless Eveready Nurser. No need to touch sterile nipple! "Lift the Cap—Feed the Baby." ↓



BABY
KNOWS
which is
Quicker
-which is
Easier

SEAMLESS EVEREADY NURSER

And you can see which is *safer*! For you don't have to touch *any* part of the Eveready nipple after sterilization. At feeding time, simply "Lift the Cap—Feed the Baby!"

Eveready's pure gum nipple has a flat top (like Mother Nature)—and

a dependable *valved* air-vent to reduce air-swallowing and "spit-up." The non-slip, non-roll bottle is *guaranteed* against heat breakage.

New mothers appreciate your recommending the *safer* and *simpler* Eveready nurser.

FINEST QUALITY SINCE 1877

RUBBER SUPPLIES DIVISION

THE SEAMLESS RUBBER COMPANY





Prolonged Duration...

the formula tells you why

The combination of aspirin, acetophenetidin and caffeine in the Anacin tablet formula has been clinically proven to give not only fast but prolonged relief from simple pain.

And isn't that the *specific type* of action you seek when treating such conditions as simple headache, minor neuralgia or menstrual pain?

This reliable analgesic is on the shelf of your favorite drugstore or hospital pharmacy. Why not try it today?

*for Rapid, Prolonged Analgesia
rely on*



ANACIN

WHITEHALL PHARMACAL COMPANY
22 EAST 40th STREET, NEW YORK 17

DEBITS & CREDITS

The Real Shortage

Dear Editor:

In Dorothy Deming's article "Why Practical Nurses" [R.N., July], she has only *mentioned* the real trouble—low salaries.

She has failed to show that all too often a maid or unskilled laborer makes more money than a general duty R.N. She has unfortunately used a private duty figure. Most people employing private duty nurses do not consider the cost.

Private duty nurses are underpaid, but the poor general duty nurse who usually has to "work like a dog" fails to make even that which a house servant receives.

I strongly contend that there is no shortage of R.N.'s but rather a shortage in their pay envelope. Get the salaries up where they belong and the whole trouble will disappear overnight.

CHARLES K. INGRAM, R.N.
FORT LAUDERDALE, FLA.

Are We "Hush-Hush"?

Dear Editor:

R.N. of Marshfield, Wis. [R.N., July] says in effect, "advertise nursing . . . make yourself heard!" I have just made an interesting observation in connection with this.

I have written a number of letters to magazines and radio programs

and, invariably, when I mention nurses or nursing the letter hits the waste basket. The reason is not that the material is poor or objectionable, for I can take the same letter and change the characters and setting to teachers and school, or office girls and offices and the letters are aired or published.

Is it that the press and radio are afraid to make known nursing's shortcomings? Is there a group designed to censor such things? It makes me wonder if other nurses have had similar experiences.

R.N., LONG BEACH, CALIF.

Markets for Handiwork

Dear Editor:

In the August issue of R.N. there was an inquiry regarding a market for handiwork. We have been closely associated in the infant's wear field for many years and hope these suggestions may help.

The best market is your local department store, specialty shop, maternity shop or gift shop. Make an appointment with the buyer for the infants department either by letter or phone, or, if you call in person, so



The most comfortable
beauties you
ever wore!



They're
Both

Haymakers
by *Avon*

they're both made
almost entirely by hand!

Crafted without a single seam, bulge or ridge on the sole! Not a single nail anywhere! No stiff toe-boxes to cramp your toes! No counters to blister your feet! And such mellow, such soft, such supple calf! Your feet will love your Haymakers... and you'll adore their beauty. White Elk. Also in red, black and brown. \$12.95
Sizes 4-10, Widths AAAA-C
At your favorite store, or mail us this order:



AVON SHOE CO.
47 W. 34th St., N.Y.

Dept. RN-11
Please send me Haymakers at \$12.95 pair.

Moccasin Ties: Size _____ Color _____

Moccasin Pumps: Size _____ Color _____

Check enclosed ☐ Money Order enclosed ☐

Name _____

Address _____

City _____

State _____

much the better. Have your work attractively boxed and present it piece by piece. If your handiwork appeals to her, you will have a good market. If not, and you have established a friendly contact, she may suggest names of salesmen who would sell your product on a commission basis. This is practical, because you would have the advantage of a larger territory.

Hospitals frequently have their own gift shops and, in several cases, older, retired nurses have a small gift counter near the office. Hotels, too, often have fine gift and novelty shops in the lobby. Do not ask saleswomen for advice. Go directly to the manager or the buyer.

There is a direct to consumer possibility. By advertising in magazines read by women, particularly the little magazines that are distributed free in infants departments (*Baby Talk*, *Our Baby*, *Parents*, etc.), you may receive orders by mail. However, this is somewhat expensive and slow.

We know of many women who supply department stores in larger cities, so we urge this as your first contact.

R.N., CHICAGO, ILL.

Dear Editor:

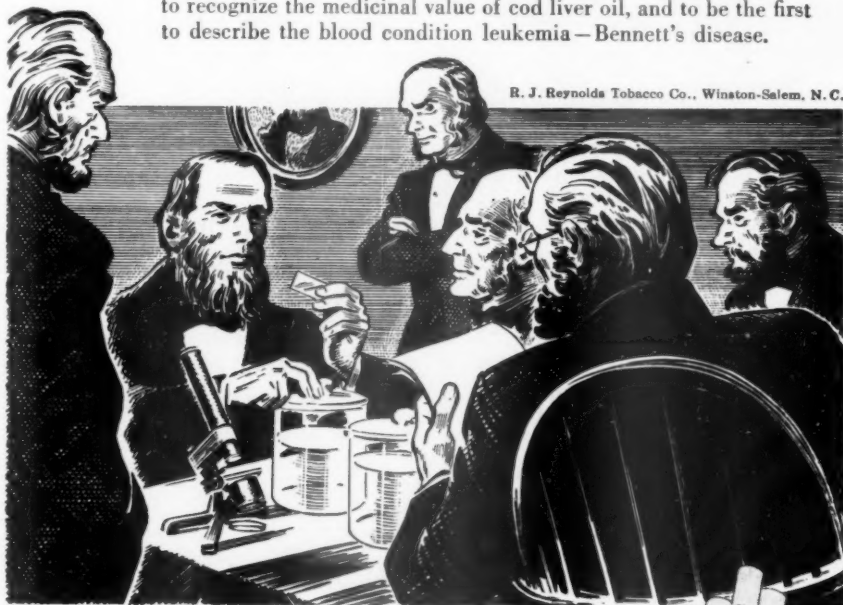
In reply to the inquiry by R.N., Ventnor, N.J. [R.N., August] I can suggest some outlets for her work. I too crochet and make dolls, but as I am employed full time, I make gifts only for friends.

Begin first with friends who are teachers in large cities or members of church societies. They can show

Experience is the Best Teacher

JOHN HUGHES BENNETT (1812-1875) proved it in histology

Bennett's experiences, gained by linking physiology with clinical medicine, led him to institute the practical study of histology, to recognize the medicinal value of cod liver oil, and to be the first to describe the blood condition leukemia—Bennett's disease.

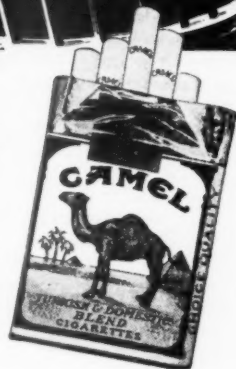


R. J. Reynolds Tobacco Co., Winston-Salem, N.C.

Experience is the best teacher in cigarettes, too!



YES! Millions of smokers found that cool, full-flavored Camels suit them best. Try Camels! See how the rich flavor of Camel's choice tobaccos pleases *your* taste. See if Camel's mildness isn't welcome to your throat. Yes! Let your taste and throat tell you why, with smokers who have tried and compared, Camels are the "choice of experience."



According to a Nationwide survey:

***More Doctors Smoke CAMELS
than any other cigarette***

In a nationwide survey by three independent research organizations, 113,597 doctors were asked to name the cigarette they smoked. More doctors named Camel than any other brand.



PERTUSSIN

increases the RTF*
which is the ABC of
Cough relief

—in acute and chronic bronchitis and paroxysms of bronchial asthma ...in whooping cough, dry catarrhal coughs and smoker's cough. PERTUSSIN increases the Respiratory Tract Fluid which is the key to its effectiveness in relieving such coughs.

PERTUSSIN therapy is simple but fundamental. It lends a helping hand by the practical device of assisting nature to work in its own defense. No wonder PERTUSSIN has been in successful use for over thirty years!

Entirely free from opiates, creosote and chloroform, PERTUSSIN is well tolerated—without undesirable side action—by children and adults alike, and is pleasant to take.

*Respiratory Tract Fluid

PERTUSSIN

For Children, Adults and the Aged

SEECK & KADE, INC.
NEW YORK 13, N. Y.

samples of your work to their associates or sell articles for you at school and church affairs. Gift shops and tea rooms sometimes sell articles on a commission basis.

I have been told that yarn companies are anxious to have women who can make samples of articles shown in the crochet and knitting books. If you follow written directions and can satisfy such a company, I am told they pay quite well. Good luck to you.

R.N., BAYSIDE, N.J.

"... As Others See Us"

Dear Editor:

Here are my sincere compliments to J. Green of Independence, Kan., on her letter "Pride and Prejudice" [R.N., August]. All I can add is "We are as others see us!"

VERA A. C. KLEIN, R.N.
DELTA, OHIO

A Former Cadet

Dear Editor:

I read with interest Ruth Gebhardt's letter [R.N., August]. I was a cadet and am grateful to our country for allowing me to enter and complete my training. As Miss Gebhardt said, many of us wanted to be nurses before the Cadets Corps was formed. Many of us could not afford to enter training. The Government offered us this golden opportunity.

Granted that some girls were lured into the Corps by uniforms and ideas of romantic glamor, I believe most of these girls were eliminated within

The high cost of living

is shooting us all sky high!

When living costs rise like a rocket, that's every bit as bad for business as it is for customers. Fewer people buy when prices are too high.

In our own business we do everything we can to keep prices *down* and quality *up*. Once each month key men from all our companies sit down to plan new ways to increase efficiency and improve products—so you will get *top quality at lowest possible price*.

Here are some figures which show how milk prices compare with food prices, from 1939 to 1948:

Increase in cost of food . . . 116%
Increase in cost of fluid milk . 78%

Notice that milk has not increased nearly so much as the average of other foods. Our profit from all of our milk divisions averaged less than $\frac{1}{2}$ cent per quart sold in 1947—far less than the public thinks business makes—and much less than the average profit in the food industry.

Milk—nature's most nearly perfect food—helps your budget by giving you more for your money than anything else you can eat. We guard the quality, flavor and nutritional values of milk, and cheese, butter, ice cream and other products made from milk. *Then we make them available to the largest number of people at the lowest possible prices.*

An impartial national survey shows that most Americans consider 10%-15% on sales a fair profit for business. Compared to this, the average profit for the food industry is less than 5%. And National Dairy's profit in its milk divisions in 1947 was less than 2%.

NATIONAL DAIRY
PRODUCTS CORPORATION



RN Sweater
for
Nurses

APPROVED . . .
and so flattering!



Your Regulation Nurses Sweater

Fine, immaculate white virgin wool—so soft—wonderfully washable. Professionally becoming, cozy warm. Grosgrain V-neck and center panel; ocean pearl stud buttons, ribbed cuffs and hem. Sizes 34 to 46. Only \$6.95.

SILK-EMBROIDERED "RN" CREST ON POCKET.

Also "RNx"—for student nurses. Same, without crest. White or Navy blue. Sizes 34 to 46. \$6.95.

Order by Mail Satisfaction guaranteed or money refunded.

ARREN CO., 108 W. 38 St., N. Y. 18, N. Y.

Please send me the following at \$6.95 plus 10¢ for postage and handling, total \$7.05.

Style	Size	Color
RN		White only
RNx		White <input type="checkbox"/> Navy <input type="checkbox"/>

NAME.....

ADDRESS.....

CITY.....ZONE.....STATE.....

☐ Money Order ☐ Check ☐ C.O.D.

In New York City add 2% sales tax.

the very first year of their training.

Our hospital, like many others, was short of R.N.'s during the war. The cadet nurse worked hard and did her share of nursing care. Many senior cadets were in charge of positions that, in normal times, would be filled by R.N.'s. If we could meet the requirements and the responsibilities then as cadets, we certainly can fill them now, as R.N.'s.

DOROTHY GASS, R.N.
BLOOMFIELD, N.J.

Curious

Dear Editor:

A short time ago I saw the movie "Homecoming." In one scene in an Army field hospital as Clark Gable, "the medico," made his rounds, he stopped and spoke to a patient. Turning to the nurse he said, "This man is still in shock." But the patient had a pillow under his head. Don't "shock" patients have their heads down any more?

R.N., WALDEN, MASS.

[According to current textbooks not written in Hollywood, the patient who is in shock is kept flat, and the foot of the bed is usually elevated on shock blocks.—THE EDITORS]

Mutual Agreement

Dear Editor:

I am a registered male nurse and the letter, "Equal Footing" [R.N., July], expresses my thoughts very well. I would like to contact R.N. of New Orleans and compare notes on what we can do in order to change these conditions. [Turn the page]

Retail Prices
UNITED STATES
\$7.95 and \$8.95
According to
Leathers

THE CLINIC SHOE

MADE IN THE U.S.A. FOR MEN AND WOMEN
for Young Women in White

Retail Prices
CANADA
\$10.95 and \$11.95
According to
Leathers



SMOOTHIES MODEL
Brogandi White Crushed Kid
Duflex Napline White Sole.
12/8 White Heel and Toplift
also leather sole



DELUXE MODEL
Hunt-Rankin's Top Grade White Bucko
Brogandi White Crushed Kid
Duflex Napline White Sole.
12/8 White Heel and Toplift



DUDE RANCH MODEL
White Glovelk
Duflex Nap White Sole and Spring Heel



COOLFUT MODEL
White Glovelk
Duflex Napline White Sole,
12/8 White Heel and Toplift



THE CLINIC SHOEMAKERS

TENTH FLOOR — SHELL BLDG.

1221 LOCUST STREET • ST. LOUIS 3, MISSOURI



LAXATIVE VALUES

Thorough Action

WHEN the patient reports, "Doctor, Ex-Lax is just the laxative I needed; I get thorough action without discomfort"—that is satisfying thoroughness.

Ex-Lax is noted for its thorough action. Its effectiveness is assured by biological standardization.

And the unusual palatability of Ex-Lax makes it an easy-to-take laxative. Its agreeable taste makes Ex-Lax especially suitable for children and for use by expectant mothers.

Thorough action without embarrassing urgency, freedom from harshness, palatability, and convenience make Ex-Lax the all-around laxative, suitable for adults and children.

The therapeutic merits of Ex-Lax have earned the confidence of the many physicians who use it in their practice.

EX-LAX

THE CHOCOLATED LAXATIVE

Ex-Lax is truly economical to use . . . Available in two convenient sizes: 6 tablets, 10 cents; 18 tablets, 25 cents. Ex-Lax, Inc., Brooklyn 17, New York.

I have been trying to get a commission in the USPHS for nearly two years, but the rules do not permit male nurses to receive a commission in this group nor in the Army or Navy Nurse Corps.

I would also like to express my appreciation to Mary Casey for the kind words in her letter, "Male Nurses" [R.N., July].

JAY C. WERTMAN, R.N.

BALTIMORE CITY HOSPITAL
BALTIMORE 24, M.D.

Dear Editor:

I'd like to go on record as one female R.N. who'd like to see the male R.N.'s get a break. While in the Navy Nurse Corps, I worked with some fine young men who were 4.0 registered nurses. It isn't fair to commission a woman with the same training or less than a male nurse and not accord him the same courtesies. Male nurses are essential in our profession and I'd like to see more men become interested, but how can they without incentive?

R.N., COLOMA, MICH.

[Brig. General George E. Armstrong, Deputy Surgeon General, U.S. Army, when recently questioned on the commissioning of men nurses in the Army, stressed one strong point: "Army nurses of either sex must accord patients all the usual care required by the duties of their profession, including a variety of intimate offices and quasi-menial services. Women of officer rank can render these services without incongruity, while men of rank could not.

[Turn the page]

PRESTIGE



The prestige and wide acceptance which Bayer Aspirin enjoys was earned over a period of forty-seven years by always turning out the finest product of its kind that scientific skill can produce. Nothing you prescribe is made under more rigid controls. From raw materials to finished product over seventy different tests and inspections are employed. America's finest drug plant makes only one thing... *the analgesic for home use*... Bayer Aspirin.

styled toward 1949
by **BARCO**
OF CALIFORNIA



A Uniform
Created Just for
You—With
California
Freedom
Plus Smart
Feminine
Tailoring

Flattering
Yet Practical
In Belding
Nylon or
Bates Poplin

Sizes 10 to 20
Your Order
Shipped To You
Immediately

**AS ADVERTISED
IN CHARM**

Contour belt with blouse effect. Butt-down front. Patch pockets. Detachable pearl buttons. Trench tuck front and back. Convertible hi-low collar. Three quarter push-up sleeves. Removable shoulder pads.

±925-style illustrated in Belding nylon ... only \$14.95

±918-style illustrated in fine sanforized Bates Poplin, only \$8.95.

Send for latest Free Barco Catalog—All Pre-1949 Styles

We carry complete line in stock.



**Nurse Craft Shoppe
"The Best in the West"**

Dept. 10RN 527 West 8th St., San Pedro, Calif.
Please send me —style ±925 uniforms, size—.
Please send me —style ±918 uniforms, size—.
Enclosed is check—M.O.—for \$—, C.O.D.—
Prepaid postage when check or M.O. is
sent with order. Catalog enclosed.

Name _____

Street & No. _____

City _____ Zone _____ State _____

In Calif. please add 2½% state sales tax.

To commission a male nurse would effectively terminate his usefulness as a nurse, and make impossible his further employment in that capacity. The particular purpose for which he had been given officer rank would thus be defeated, and such appointment would not remove his lack of the officer qualifications to do duty in any other capacity compatible with such rank." Nurses who have served with both Army and Navy will understand more readily General Armstrong's thinking than those who have not. When viewing this controversial subject as objectively as possible, it does seem that many changes in the traditional officer and enlisted men relationship would be necessary before such commissioning would be feasible.—THE EDITORS]

No Menace Here

Dear Editor:

For some reason that bugaboo, the undergraduate practical nurse, seems to haunt an amazing number of R.N.'s.

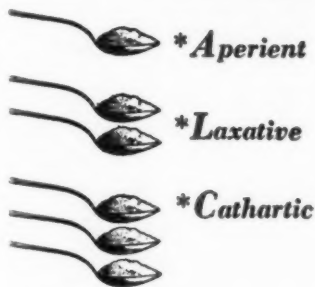
The undergraduate practical nurse is without professional standing or protection. She is, almost without exception, abysmally ignorant of the sciences which the R.N. takes in her stride. She does no important medications nor treatments. She is the "granny" nurse, relieving the R.N. of much drudgery, doing her utmost for the patients entrusted to her care.

She does not, nor can she ever, replace the trained R.N. To be jealous of her earning as much as she is able, or to fear that she is an economic menace to the competent pro-

easy to administer, pleasant to take prompt to act

A balanced saline combination which acts by simple osmosis to dilute fecal residue and produce soft fluid bulk . . .

Stimulates peristalsis and promotes *speedy* but *gentle* evacuation.



***Aperient**

***Laxative**

***Cathartic**

***Average dose**

Product of BRISTOL-MYERS

19 West 50 Street, New York 20, N. Y.



A bland, lanolin-rich emollient containing carbamide and natural menthol, Tomac DERMA-FRESH gives cooling, soothing relief without the heat reaction or skin-drying effect of alcoholic solutions. Actually *softens* the patient's skin—and its non-drying qualities protect your hands at the same time!

Sold only to hospitals. A FREE full-size trial bottle will be sent to any Superintendent of Nurses requesting it on her hospital stationery.



**AMERICAN HOSPITAL
SUPPLY CORPORATION**



General Offices — Evanston, Illinois

fessional, seems almost as absurd as for a top-drawer specialist to fear competition from a struggling young G.P.

To the apprehensive R.N. I recommend Miss Dorothy Deming's well-presented and eminently sensible article "Why Practical Nurses" [R.N., June-July]. It should serve to banish this bogie for keeps.

MARIE LINDQUIST, R.N.
SAN FRANCISCO, CALIF.

Broken Record

Dear Editor:

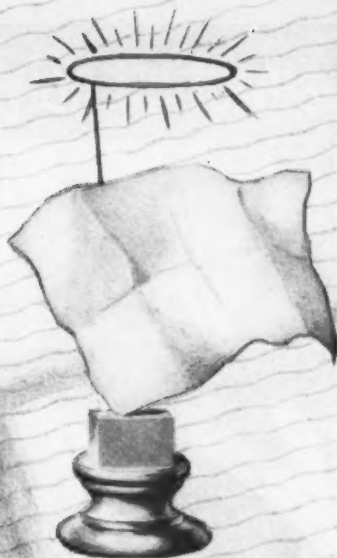
I have been reading and hearing so much about the shortage of nurses that it reminds me of the "old broken record." It gets stuck on one line, "Why is there a shortage of nurses?"

As far as I can see, there is no shortage in any field of nursing except bedside nursing, and there is certainly a definite shortage there.

The practical nurses are encroaching on the R.N.'s duties, and who are we to complain when it is our fault? They are trained to care for the patient while the R.N.'s are kept busy with paper and book work.

The training schools of today should start a movement called "Back to the Care and Comfort of the Patient," and not have so many hours of theory that the poor student nurses can not find time to give the proper care and attention to their practical side of nursing. We should train a nurse to be a bedside nurse, not a glorified accountant.

DOROTHY S. OWENS, R.N.
BAINBRIDGE, N.Y.



INDISPENSABLE

IN ANY OFFICE..

They're inexpensive—less than $1\frac{3}{4}$ cents each—yet amazingly absorbent and soft-textured... made from MASSLINN* (non-woven fabric). Large enough ($13\frac{1}{2}'' \times 19''$) for many office uses.

In cartons of 500 and 100. Also available with convenient, gleaming white, metal dispenser. Saves time. Saves space. *Order from your dealer!*

*Trademark for Chicopee Sales Corporation's non-woven fabric

**DISPOSABLE
PROFESSIONAL TOWELS**

Johnson & Johnson



**"She looked so happy
when she saw the flowers!"**

Yes, Flowers by Wire have such a friendly way
of saying, "We miss you so much... get well soon".

It's no wonder their arrival
means so much to patients.



F.T.D. makes flowers easier to handle

Almost all of our 8,000 members deliver hospital flowers
already placed in containers with sufficient chemically
treated water to last as long as the flowers. Upon arrival,
the flowers merely have to be taken to the patient's room.

FLORISTS' TELEGRAPH DELIVERY ASSOCIATION

149 Michigan Avenue, Detroit 26, Michigan

New Fashion-smart Nylon Uniforms



Style No. 921 by BARCO of California. Plunge collar, tucking on front blouse, action back. Side-fastening gored skirt and set-in belt. Sizes 10-20. \$13.95

Style No. 1921—same uniform in short sleeves. \$13.95

Style No. 813 by BARCO of California. "Gibson Girl" model. Full-swing circular skirt, zip-fastening, action back, Peter Pan collar, sunburst tucks. $\frac{3}{4}$ length push-up sleeves. Sizes 10-18. \$13.95

Style No. 913—same uniform in pre-shrunk sharkskin. \$7.95

Style No. 925 by BARCO of California. Button-down front, french tuck on blouse. Loose contour belt, convertible hi-low collar. $\frac{3}{4}$ length sleeves. Removable shoulder pads. Sizes 10-20. \$14.95

Style No. 918—same uniform in de luxe poplin. \$8.95

LUXURIOUSLY smooth nylon uniforms that will not wrinkle, launder in a flash, need no ironing, last a lifetime.

Send today for one or more of these beautiful new styles offered by Budget Uniform Center. Ask for free catalog illustrating many others.

BUDGET UNIFORM CENTER
Dept. 411, 1124 Walnut Street
Philadelphia 7, Pa.

Please send me:

.....Style No. 921 @ \$13.95 ea. Size.....
.....Style No. 1921 @ \$13.95 ea. Size.....
.....Style No. 813 @ \$13.95 ea. Size.....
.....Style No. 913 @ \$ 7.95 ea. Size.....
.....Style No. 925 @ \$14.95 ea. Size.....
.....Style No. 918 @ \$ 8.95 ea. Size.....

Second choice: _____

Enclosed is \$ _____ ☐ Please send C.O.D.

Name _____

Address _____

City _____ Zone _____ State _____

For this Christmas, a Gift you need...

BULOVA

**17-JEWEL
PROFESSIONAL WATCH**

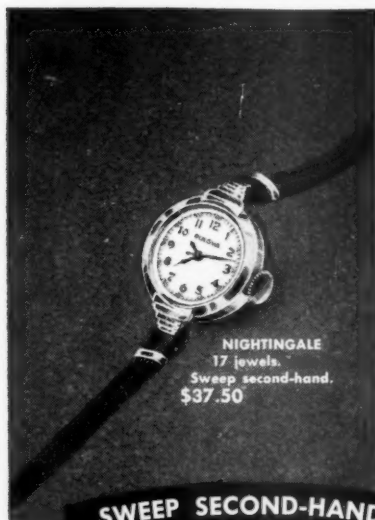


*You need it for Duty
you want it for Beauty!*

Now's the time to start dropping hints about *your* Christmas gift. And the ideal gift is a BULOVA, of course! Designed especially for you . . . with the accuracy your profession *demand*s plus the exquisite beauty every woman *wants*.

Remarkably low priced! At better jewelers' everywhere!

Ask for one this Christmas!



NIGHTINGALE
17 jewels.
Sweep second-hand.
\$37.50

SWEEP SECOND-HAND

ON-THE-SECOND ACCURACY



MEDICAL CENTER
17 jewels.
Sweep second-hand.
\$39.75



CLARA BARTON
17 jewels.
Sweep second-hand.
Radium Dial.
\$45.00



CURIE
17 jewels.
Sweep second-hand.
\$45.00

America runs on BULOVA time!

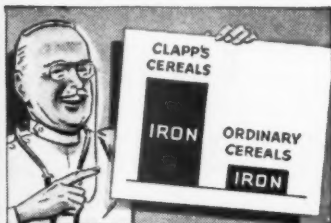
Iron in a baby's diet



- When extra iron is needed in a baby's diet, many doctors recommend Clapp's Baby Cereals.

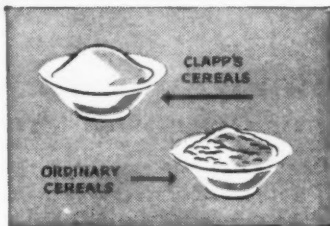
Clapp's *iron-rich* Baby Cereals are eminently suited to replenish the iron babies are born with, which starts to diminish during the second month.

Clapp's has more iron



Clapp's Baby Cereals contain three times as much iron as unfortified cereals. They also contain $2\frac{1}{2}$ times as much Vitamin B₁, plus nonfat milk solids, wheat germ and brewers' yeast.

Easier to digest



Clapp's Baby Cereals are very finely milled—each flake to less than 1/50 thousandth of an inch. This means easier digestibility and almost instant dissolution in warm milk.

These are the facts doctors consider when they recommend Clapp's Baby Cereals.

CLAPP'S BABY CEREALS



PRODUCTS OF AMERICAN HOME FOODS

off duty beauty in

GOTHAM GOLD STRIPE NYLONS



ON A PEDESTAL



The dress-up shade you'll love! **SHADOW**, a gray-taupe tone that goes with black, brown and the new Victorian colors. In sheer 51 gauge, 30 denier nylons. Buy these stockings at your favorite store. If not obtainable, use coupon below.

GOTHAM HOSIERY COMPANY, INC., 200 MADISON AVENUE, NEW YORK 16, N. Y.
GOTHAM HOSIERY COMPANY OF CANADA, LIMITED, DOMINION SQUARE BUILDING, MONTREAL

GOTHAM HOSIERY COMPANY, INC.—DEPT. RN 11, 200 MADISON AVENUE, YORK 16, N. Y.

I would like to buy the stockings illustrated "On A Pedestal." Please send me, through a local store, pairs Gotham Gold Stripe Nylons in 51 gauge, 30 denier **SHADOW**, Style 4355, at \$1.95 a pair. My size is I enclose Check ☐ or Money Order ☐. (Don't send stamps.)

NAME

ADDRESS

CITY

STATE

Coupon orders filled only in the U.S.A.

SCIENCE SHORTS

If South African toads didn't cost \$10 a piece, didn't need a diet of horse meat, and didn't need the facilities of aquaria to survive, patients could be informed within six to eight hours whether they were pregnant or not. Unlike the bunny, the toad does not have to be killed and can be used over and over. Too bad these imported toads require such an expensive upkeep in these days of inflation.

Glycerine, which until recently was dependent largely upon the importation of fats and oils, is now being produced synthetically from petroleum, salt and water, in the Shell Chemical Corporation plant.

Dr. Nathan Schock, chief of the Section on Gerontology of the USPHS, has stated that studies of the cell tissue in aged persons show no evidence of change in cell composition in those cells that remain active in aged persons. There is only a loss in the number of functioning cells. Dr. Schock thinks, therefore, that progress can be made in alleviating the diseases of old age through proper nutrition and further study of metabolism in the aged.

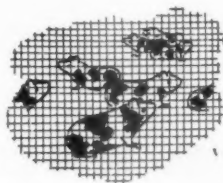
Aureomycin, one of the newer antibiotic drugs, used locally as a 0.5 per cent solution, produces remarkable results against several kinds of

conjunctivitis and is also effective against Mooren's eye ulcers, write Drs. A. E. Braley and Murray Saunders of New York in a preliminary report in the JAMA.

Dr. William A. Albrecht of the department of soils at Missouri University has reported that persons living in dry climates tend to have better teeth than those who do not. Areas with heavy rainfalls have had many of the chemicals which supply the protein-rich diet necessary for good teeth washed out of the soil.

Experiments at the Beth Israel Hospital in Boston in infusing hemophiliacs with blood plasma three or four times a week for a prolonged period of time has proved quite effective in the prophylactic therapy of hemophilia.

A panel discussion on obesity, held at the New York Academy of Medicine, decided that overweight was almost entirely due to overeating with only one per cent of fat persons having glandular conditions which would account for overweight. How-



Ideal For Premature, Normal Babies



Ideal for Hospitals

Pediatricians are always glad to see the 4-oz. hospital size Evenflo Nurseries used. They know that both premature and normal babies will finish their bottles better because Evenflo's patented valve-action nipples are easier to nurse.

Nurses in maternity wards like Evenflo because its nipple, bottle, cap, all-in-one saves time and the wide-mouth Evenflo bottles are easier to clean and fill. Write for special hospital prices.

The Pyramid Rubber Co., Ravenna, O.

Evenflo*
America's Most
Popular
Nurser

25c

In 4-
or 8-oz.
Sizes

*Patented



Nipple down, bottle sealed. Nipple up, for feeding.

IT BREATHES AS IT FEEDS

ever, psychological factors were sighted as contributing causes. Foremost among these were the emotionally immature who take on weight as a protective wall against the outside world and the emotionally frustrated who overeat to compensate for failure and frustration. It was also pointed out that some people gain weight through fear. Fun was made of them as fat children and they became seclusive, retaining their fat as a protective wall against the outer wall.

More than seven million persons in the U.S. suffer from some form of arthritis or rheumatism, most neglected major cause of suffering in the U.S. Of all persons beyond middle life, 97 per cent develop some form of this joint and muscular disease.

Many persons suspecting they have peptic ulcers may instead have a small pouch near the stomach, or duodenal diverticula, which causes pain and a feeling of distress after meals. These cases are frequently considered by surgeons to be psychoneurotics, or else erroneously submit to surgery for ulcers, gall bladder or appendix.

Soon to be available is a new battery (Eveready 1005-E) for hearing aid cells. It will give 80 hours of service (against 27 hours by the A battery now in use), and will come in a single plastic-enclosed cell weighing about one ounce. It utilizes oxygen from air instead of a chemical to produce power.

Hospital-proved LOTION CARE equally valuable for home use



Over 1600 hospital nurseries use Johnson's Baby Lotion for routine skin care of the newborn.

A two-year study shows that Lotion care reduces the incidence of miliaria to an impressive low, in comparison with other customary techniques.

Johnson's Baby Lotion leaves a discontinuous film. (See photomicrograph showing micron-size oil globules, 1000x.) Lotion is a homogenized emulsion of pure bland oil and water, with lanolin and an antiseptic added.

As water phase evaporates, a discontinuous film remains. This permits normal heat radiation and allows perspiration to escape readily, thus lessening the danger of irritation.

Many physicians are recommending Johnson's Baby Lotion for home use. Lotion requires no special technique, being used exactly like baby oil. Advantageous to the infant is the greater protection against miliaria, which, as you know, may lead to more serious secondary infections.

FREE! Mail coupon for 12 distribution samples!



JOHNSON'S BABY LOTION

Johnson & Johnson

Johnson & Johnson, Baby Products Div.
Dept. H-6, New Brunswick, N. J.

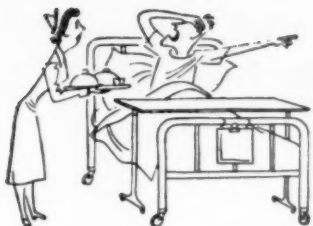
Please send me 12 free distribution samples of Johnson's Baby Lotion.

Name

Street

City State

Offer limited to medical profession in U.S.A.



Soft Diet trying your patients' patience?

— try palatable Swift's Strained Meats



6 varieties

The makers of Swift's Strained Meats invite you to send for your copy of "The Importance of Protein Foods in Health and Disease"—a physician's handbook of protein feeding, written by a doctor. Send to:

Tempting, natural source of complete protein

To perk up patients' interest in food, many doctors prescribe specially prepared Swift's Strained Meats when soft foods are indicated in a high-protein, low-residue diet. They help two ways. *One*, Swift's Strained Meats taste so good. *Two*, an excellent source of B vitamins, Swift's Strained Meats help restore patients' natural appetite for all foods.

Swift's Strained Meats are soft, smooth (may easily be

used in tube-feeding), slightly salted—cooked to retain their delicious meat flavor. Six kinds: beef, lamb, pork, veal, liver, heart. Each one 100% meat, they provide an excellent, palatable source of complete, high-quality proteins and hemopoietic iron. These meats make available *simultaneously* all known essential amino acids . . . for optimum protein synthesis.

SWIFT & COMPANY

Chicago 9, Illinois



All nutritional statements in this advertisement are accepted by the Council on Foods and Nutrition of the American Medical Association.

For patients who can take foods of less fine consistency—Swift's Diced Meats offer tender morsels of nutritious meat with tempting flavors patients appreciate.





You know, you do more for your patient than you might think . . .

For instance, your crisp clean uniform and your air of confident grooming go a long way to brighten your patient's day.

But good grooming is more than the morning bath and a bright fresh uniform. Because perspiration is a continuous process.

Mum is the *safer* way to preserve morning-bath freshness because it contains no harsh or irritating ingredients — stays smooth and creamy — does not dry out in the jar. And Mum is *sure* because it prevents underarm odor throughout the day or evening. Recommend it to your patients too.



**Why take a chance when
you can MUM in a moment?**

Product of BRISTOL-MYERS
19 West 50 Street, New York 20, N.Y.



DRESSING DOES IT!

The right dressing, that is. For cuts
and scratches, burns and abrasions,
chafing, athlete's foot, and other
minor skin irritations, it's

B•F•I[®] powder.

Write today for a free sample!

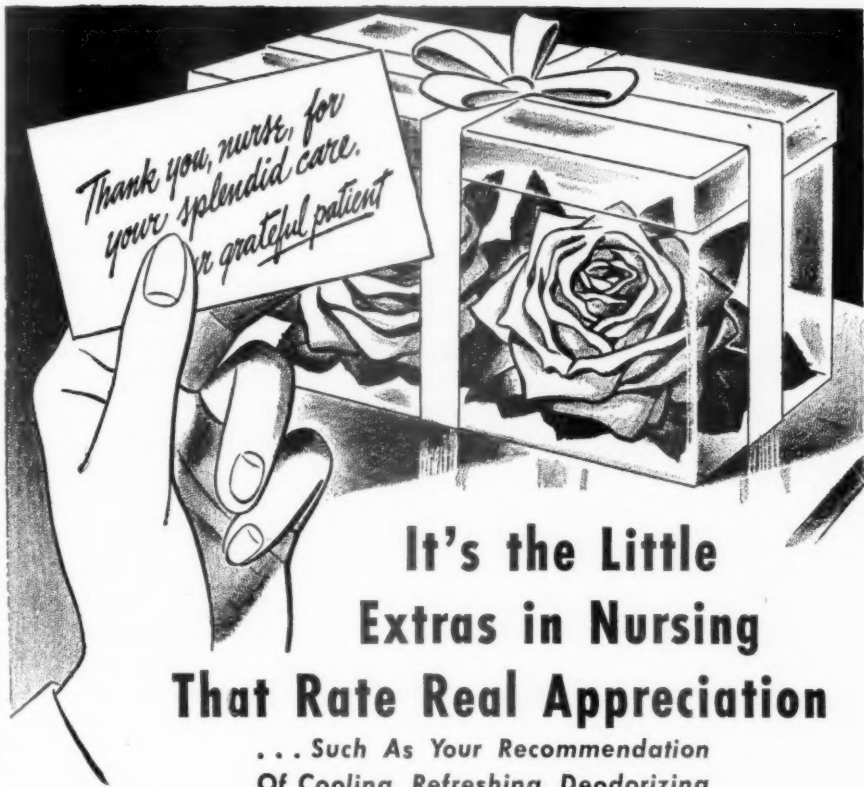
Sharp & Dohme, Box 7259, Philadelphia 1, Pa.

Gentlemen: Without charge, please send me a clinical trial pack-
age of B•F•I Antiseptic First-Aid Dressing and Surgical Powder.

Name _____

Street _____

City _____ Zone _____ State _____



It's the Little Extras in Nursing That Rate Real Appreciation

... Such As Your Recommendation
Of Cooling, Refreshing, Deodorizing

GLYCO-THYMOLINE

to relieve and refresh patient's complaint of furry taste, hot, dehydrated mouth and throat following fever, etc.

Cleansing, deodorizing, stimulating to mucous membranes, nothing like this soothing alkaline solution to give the quick, cool, refreshed feeling of cleanliness that does so much to bolster your patient's morale. And Glyco-Thymoline has the added advantage of having a really pleasant taste. Used by doctors and dentists for over 50 years.

Free

for your personal use — an attractively-designed 4-ounce bottle of Glyco-Thymoline. Be sure to send today for your "Nurse's Special."

P.S. And as an extra little extra — be sure your own breath doesn't offend. Use Glyco-Thymoline regularly — always after a cigarette to avoid stale tobacco breath.

Kress & Owen Company

361-363 Pearl Street, R,
New York 7, N.Y.



R.N. Speaks:

COMPROMIS

CHOOSE GIRLS for training who have no sex appeal," was the startling solution offered many years ago by a hospital administrator to the problem of that nurse shortage. He was convinced the high attrition rate of student nurses and young graduates was caused by too much of that electric quality. When asked who would set the standard of what is "sex appeal" he replied, "Oh, that could be taken care of by a committee." Questioned how many applicants the hospital would get when it was known that only those with no sex appeal would be accepted, the perfect solution blew up.

Another former hospital administrator, Graham L. Davis, the retiring president of the American Hospital Association, and director of the Division of Hospitals, W. K. Kellogg Foundation, recently proposed an equally naive solution to the present nurse shortage. At the last AHA convention, pinch hitting on a panel that filled in for the indisposed Dr. Morris Fishbein, Mr. Davis delivered a diatribe against Dr. Esther Lucile Brown's recommendations on nursing education which appear in her book "Nursing For the Future."

Mr. Davis' answer to Dr. Brown's proposal for higher education for some nurses could be condensed to "humbug." He advanced the theory that every girl baby, from the cradle up, should be taught nursing arts. When she has finished high school, with a few months of practical experience in a hospital, she could earn a good living if necessary, at a satisfying occupation, until the right man came along. If she chose to continue her career and aspired to a degree she should get full credit for her training since the day she was born. Then when "the bombs begin to fall" every woman "will come to the aid of her country and take to nursing."

This idealism on Mr. Davis' part is acceptable even if his theory is odd, but his other comments, marked during his delivery by open sarcasm and frequent inaccuracies, are not. Barbs such as these:

On collective bargaining: "The Taft-Hartley Law put a curb on trade unions, but not on nurses. Nurses 20 years from now will not look back with pride on this stage in the history of nursing."

On student nurses giving services to hospitals: "Miss Brown is greatly disturbed by the fact the student nurse may give something

IS CONVERSION?

more in value of her services to the hospital than the cost of her education."

On nurse administrators: "Authoritarianism in hospitals worries Miss Brown no end and she vaguely implies this is a fault of a peculiar type of tyrannical citizen called the hospital administrator, but she neglects to mention that about one-half of all our hospitals are managed by nurses, such as the president of the American College of Hospital Administrators."

On closing of "socially undesirable" schools: "... she is somewhat vague as to which schools she would close and what she means by 'socially undesirable.' She intimates she means about six hundred or approximately one-half of all the schools. The average individual would probably interpret 'socially undesirable' to mean these schools turn out mental and moral delinquents, but my impression is that Miss Brown means they are not a part of a college or university with degree-granting status to turn out the generals and admirals in nursing."

On levels in nursing: "She is so determined to get schools of nursing out of hospitals that she leaves unanswered the question as to whether there should be any other kind of nurse than what she calls the practical nurse at one end of the scale and the university product at the other."

On closing of schools: "Society is not going to permit closing of any schools of nursing under present conditions of terrific shortage in supply. Unless some way can be found to increase the enrolment, additional schools should be opened to supply the demand."

On financing nursing education: "Society is willing to pay for what it gets. When it educates a physician, it may reasonably expect thirty or forty years of service from him. But when it educates a nurse, the probabilities are she will be lost to nursing for hire within a short time. Miss Brown largely ignores this basic biological fact of life."

For someone who supposedly was reviewing a book—and Graham Davis was delivering his book review prepared at the request of the *American Journal of Nursing* at the AHA meeting—he did a better job of reviewing his prejudices. That he read the [Continued on 64]

The NEGRO NURSE in the U. S.

OUT OF 435,000 REGISTERED professional nurses in the U. S., an estimated eight to nine thousand are Negroes. They have received their training at one of the 275 nursing schools which will accept Negro students; about 925 training schools still close their doors to Negro students, who might possibly be potential R.N.'s.

While there is no figure available as to the number of hospitals that employ colored nurses, they are known to be in the minority. And since some have been excluded until recently from the ANA, about two thousand Negro nurses belong to their own professional organization, the National Association of Colored Graduate Nurses, which is this year celebrating its fortieth anniversary.

Some 42 years ago the NACGN had its inception in the creative mind of a Negro nurse, who hailed from Connecticut and trained at the Woman's Hospital in Philadelphia. Her name was Martha Franklin, and she was gifted with real vision and leadership.

She must have thought about the Negro nurse problem all through her training, for shortly after her graduation she undertook a systematic survey of the status of the colored nurse in the U.S. She wrote hundreds of letters in her own hand to Negro nurses, superintendents of nursing schools and nursing organizations. The sur-

vey took two years. Finally in 1908 she sent out 1,500 letters (at her own expense) to all the Negro nurses with whom she had been in contact, polling them on the advisability of a national gathering.

Interest was sufficiently favorable to bring together 52 Negro nurses in the heat of a New York August for a three-day meeting. They heard a statesmanlike report from Miss Franklin, outlining the manifold need for a national organization of their own: to stimulate Negro nursing towards high nursing standards; to raise the requirements for admission to nursing schools; to establish contact with nursing leaders of the world; and to break down the barriers of discrimination.

The very fact that these problems existed and were recognized in 1908 showed the rapid development that had taken place in those years since the first Negro professional nurse graduated. She was Mary Mahoney, a wisp of a woman weighing less than 100 pounds. She graduated from the New England Hospital for Women and Children in 1879, just six years after Linda Richards, celebrated "first American professional nurse," had finished her training at the same hospital.

As more and more Negro women wished to follow Miss Mahoney's example and were unable to enter existing nursing schools, the inevitable

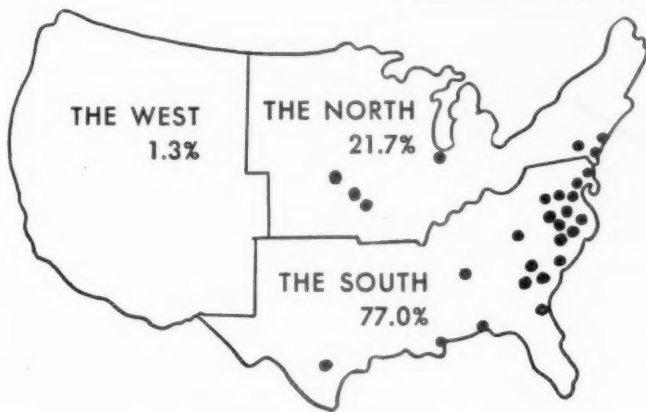
happened: schools were founded which were primarily for the colored student, staffed by members of her own race. The first of these was Provident Hospital Training School in Chicago (whose cap and pin appear on R.N.'s cover this month) founded in 1891. Hampton opened its doors the same year; Tuskegee followed in 1892, Freedmen's in Washington in 1894, Lincoln in New York in 1898.

Today there are 28 accredited nursing schools whose staffs and students are colored. Although there are some excellent schools among these, many of them suffer from insufficient funds, their isolation, and

lack of connection with universities which could provide them with a higher level of academic teaching—a weakness shared at the present time by a majority of all training schools affiliated with hospitals.

An additional handicap for the colored nurse is the economic differential, which is particularly acute in the South, where all R.N.'s are paid less than they are in the North and West, and the Negro nurse is

► Mary Mahoney, the first American Negro woman to achieve status of professional nurse. Today, of the 28 Negro nursing schools, greatest concentration is in Southeast, as shown on map; West has none. Figures designate percentage of total U.S. Negro population. ▼



paid least of all. This is one of the principal reasons for the migration of colored nurses to other areas, which has resulted in New York City's becoming the greatest center for Negro nurses in the country.

While discrimination is sharpest in the South, it exists elsewhere in the nursing field as it does in other professions. Most white nurses have never worked with Negro nurses. Most white patients have never seen a colored nurse on the wards. There are colored nurses on a very limited, almost a "quota," basis in public health nursing, industrial nursing, in educational posts, and other nursing specialties. There are only four Negro nurses commissioned in the Army Nurse Corps (regular) and one in the Navy Nurse Corps.

Yet for the most part the Negro nurse is an excellent bedside nurse, able and conscientious. She has to be. Often she has achieved her training the hard way, by dint of great personal sacrifices and humiliation. Always she is the representative of her people, facing an unwritten but everpresent standard of excellence which is above the norm demanded of other nurses, other students: because she is a Negro she must not only do well, she must do her best, and her best must be outstanding.

At its fortieth anniversary celebration held on September 25 in New York, nine of the charter members of the NACGN were present in person. It was fitting that among those who paid tribute to their vision in founding such an organization

were Negro nursing leaders who fully justified their hopes: Mabel K. Staupers, leader of the wartime fight to end discrimination against Negro nurses in the Armed Forces; Estelle Massey Osborne, nurse-author and educator, recently elected to the ANA Board of Directors; Alma Vessells, NACGN executive secretary and former National Nursing Council staff member; Alida C. Dailey, NACGN president and director of nursing at Harlem School of Nursing in New York.

A significant fact emerged at the luncheon. Dr. Channing Tobias, director of the Phelps-Stokes Fund, sharply criticized the Harlem and Lincoln schools of nursing in New York City, and any schools limited to Negro students, for themselves practicing a form of segregation. Mrs. Alida Dailey, in replying to Dr. Tobias, made it clear that the pattern was not of their choosing. In sharp contrast to those schools which exclude the colored student, the Negro schools would welcome qualified white students if they applied.

Certainly the trend in the field is away from discrimination and segregation, and for this NACGN can take much credit. Each year more schools and hospitals adopt an interracial policy. Each year public opinion on this issue becomes more liberal. Six years ago the state nurses associations of 16 states and the District of Columbia barred Negro nurses from membership. Today eight states have rescinded the ban and Negro nurses in the remaining areas may join the ANA directly.

thanks to a constitutional amendment at the last Biennial. (This progress is in sharp contrast to the situation in the AMA, where the Negro physician is barred from membership in 17 states, and the national organization has taken the stand that it is powerless to interfere in the membership requirements of its constituent organizations.)

The same Biennial elected Mrs. Osborne to the ANA Board of Directors, the first Negro woman to hold office in the Association's 50-year history. Another rung was added to the ladder when the ANA Board of Directors meeting in September voted to add a Negro nurse to the ANA headquarters staff.

Concurrently with these strides, the NACGN, as one of the six par-

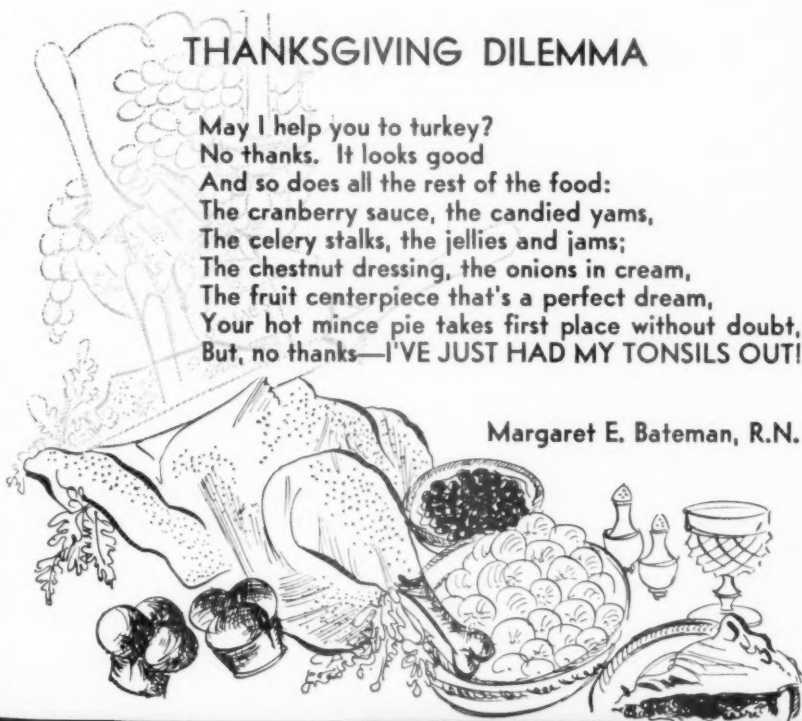
ticipating national nursing organizations, is engaging fully in the discussions being carried on by the Structure Committee regarding one possible overall nursing organization. If the aims outlined by Martha Franklin in 1908 are fully realized, some day in the not-too-distant future, the need for a separate organization of professional Negro nurses in this country may no longer exist.

The burden for bringing this to pass rests on all nurses. It is evident from recent developments that both groups are putting forward their best efforts in the direction, not only of raising nursing to the highest professional level, but of making it the truly democratic service it is intended to be. —CHARLOTTE SHAPIRO, R.N.

THANKSGIVING DILEMMA

May I help you to turkey?
No thanks. It looks good
And so does all the rest of the food:
The cranberry sauce, the candied yams,
The celery stalks, the jellies and jams;
The chestnut dressing, the onions in cream,
The fruit centerpiece that's a perfect dream,
Your hot mince pie takes first place without doubt,
But, no thanks—I'VE JUST HAD MY TONSILS OUT!

Margaret E. Bateman, R.N.





CANDID COMMENTS

SIGNS ARE MULTIPLYING to indicate that we had best pay as much attention to the heart of nursing as we do to its head and hands. The spirit of nursing is powerful, but not impervious to neglect. Too much of our work under present pressures seems to be a matter of skilled techniques and scientific information. We are hurrying — driven relentlessly by overcrowded hospitals and a health-hungry populace, driven by the demands on nursing education, hurrying to protect the welfare of nurses. "Hurry, hurry" has become a terrible taskmaster.

Under this pressure there is danger to our most powerful incentive to good nursing — the spiritual urge to serve and to serve well. Today we hear patients say, "I didn't lack for skilled treatments, but I did sadly miss the sympathetic understanding I had come to associate with nursing." We hear nurses say, "I never dreamed I'd see the selfishness I see in some nurses today." We hear a nursing director say, "We've increased salaries, shortened hours. We're doing our honest best to improve working conditions. Yet we get nothing but complaints from too many, *not* about neglected patients,

but of what the nurses want for themselves."

It is easy to be critical. "It's the students who are to blame," says one. "It's the nurse educators," says another. Or it's the administrators, or the doctors, the hospital trustees, the high schools, the parents. We can point fingers in many directions, and all our pointing becomes equally senseless.

The fact is that it is not people we must point at but conditions. First we have the world situation. We are passing through an era of tremendous stress. Never as today has mankind been so beset by fears and a sense of insecurity, so afraid to think of tomorrow and therefore so determined to make the most of today. Times like these bring out the greatness of some souls, but also the selfishness of others. Our profession is not alone in its need to safeguard its ideals; every group feels the result of the present unrest and confusion.

Nursing beset, too, by inner troubles, is paying high toll for these things. The complaints of patients and the presence of a new materialism in our ranks attest to this. A sense of insecurity prevails as many nurses face a precarious old age, despite our present work for economic security. Fears rise as the stress on academic degrees too often brings needless hurt and too often blocks

TS IN THE SPIRIT OF NURSING

by Janet M. Geister, R.N.

the full use of nurses grown wise through experience. Disaffection is with us as the old, spirit-flattening militarism lingers on in an era that finds it obsolete.

The students, given time and opportunity, could give as complete care as we veterans believe we gave. But the understanding of people involved in this case depends as much on experience *with* them as it does on formal teaching. In our student days we spent hours with patients where today's students spend minutes. Educational and practice systems are vastly different today, made so not by nurse educators and directors, but because the demands on these areas are vastly different.

Graduate practice too has undergone great changes, not by the will of people, but by the demands of the times. In our earlier day of fewer procedures, we had time to build the nurse-patient relationship so vital in understanding the man, not just his disease. Only the physician and nurse entered the sickroom. Today's great variety of treatments and its numbers of technicians have changed the nature of nursing service and have interrupted the nurse-patient relationship.

These elements combined have affected the spirit of nursing. We must take heed in our haste lest more serious damage be done. The very

life blood of nursing is its spirit, and the finest possible intellectual and manual skills cannot take its place. Nurses do not have a monopoly on selflessness, or the spiritual urge to serve well, but nursing without these things becomes no more than a system of skills. Its principles and procedures must ever change as we learn more about sickness and health, but its art and science must forever rest on the spiritual foundation from which it arose.

Like electricity, the spirit of nursing is invisible to the eye yet it is as real as an oak tree. Like electricity, its power is boundless. It was born out of a knowledge that man has value and therefore purposeful activity for his well being has value. It knows no distinctions of race or creed, wealth or position — it knows only man's needs. The spirit of nursing is love in action for it rises out of the will to serve mankind. The young men and women who say "I want to be a nurse" are really saying "I want to serve" — and the spirit of nursing is already stirring. What happens to this budding spirit should concern us all greatly.

The first law of nursing is that concern for the patient transcends every other interest. The nurse who puts self-interest first violates one

of our most fundamental traditions. The nurse imbued with the spirit of nursing is sensitive not only to the patient's pain and danger, but to his total situation — his fears, loneliness, the strange confusions that beset him when accident or illness remove him from familiar rounds. One nurse may see a patient only as a "crank," while another may understand how this woman is worried over the youngsters at home. The difference lies not in how much time the nurse has, but in her attitudes.

What endless opportunities there are in nursing for kindness! And kindness is of the essence in any service to humans. It has no substitute. Every patient finds healing in it; it is necessary to him for he needs to cling to something strong and fine and good. Kindness costs nothing in time or energy and it rewards the giver. The nurse's satisfactions in life grow richer as the needs of her fellow humans draw more deeply on her wells of kindness and understanding.

When nurses are "too busy" to be kind, too engrossed in the patient's bad arm to see the fear in his eyes, too concerned over their own affairs to understand the patient's troubles, the losses are great. Every one loses — patient, nurse, profession and community. Nursing is not a series of skilled processes done to a person but a personalized service of skills done for a fellow human.

Understanding human needs involves more than physical, mental, social and economic diagnoses, and a well-written case history. There

are some things our heads cannot tell us; they must come from the spirit, the spirit that reaches beyond what eyes can see and ears can hear. "You must look *into* people as well as *at* them," says Chesterfield. There is an intelligence of the spirit that rises above all other learning. Understanding comes to people who *want* to understand, who never forget that the patient before them is one of God's children entrusted to their care.

Though the nurture of the spirit of nursing is not primarily done in the classroom, the instructor can greatly influence the philosophy underlying attitudes. Teaching religion as such does not enter into the formal program of nursing education. But nurses who live so constantly in the presence of suffering, birth and death must recognize the spiritual needs of man. Respect for the dignity and sacredness of man can enter into the teaching of every subject. And if we recognize that sacredness, we must recognize God.

The spirit of nursing, however, is an intensely personal thing. We learn it best by example. Our daily lives, our relationships with patients and co-workers, our every act and thought, reveal our philosophy of life. A university president told his faculty, "Men will learn more from you than from books." The attitudes of the leader are revealed sharply for she is conspicuous. She stands apart from the group. Her responsibility for leadership in spirit, as well as in teaching or administration, grows in proportion to the power she

holds. Her sense of justice, her insight, the *quality* of her spirit, influence those of every nurse in her command.

Every nurse is an example to another nurse; our attitudes, good or bad, are highly communicable. "Whoever lives with us takes on some of us" says Emerson. Jane Addams, standing on the curb of a busy street, was about to cross against the red light when she saw a child watching her for guidance. "I can make it safely," she thought, "but I must think of the child." Hand in hand they awaited the green light.

Instead of criticizing others, we must examine our own attitudes. What motivates me in the practice of my profession: a desire to serve;

personal ambition? Do I practice as well as preach the Golden Rule? Do I care enough about good nursing care, nurses' welfare, my profession, to stand up and be counted as our organizations fight the conditions that retard our full service to society? Do I care enough to accept responsibility wherever I may be needed in our organizations?

None of us can escape the responsibility for challenging what we know to be inimical to patient care, and supporting what we know to be good for it. There is a vast difference between wailing over wrongs and working for what is right. We can simply *want* things to be better, or want them *enough* to serve faithfully on [Continued on page 56]

Probie



"At least we're authorities here."

The CASE of the R.N. ANESTHETISTS

● ALREADY SOMEWHAT misunderstood by other R.N.'s not engaged in anesthesiology and by many in the medical profession, the nurse anesthetist has recently borne the brunt of an inimical attempt to alienate further these groups and alarm potential patients. Engineering widespread anti-nurse anesthetist publicity in the laity press, a handful of unprincipled physician anesthesiologists attempted to sway public opinion, by maligning the R.N. anesthetist. Laymen read, "any real anesthesiologist will tell you that in certain operations you may be risking your life to 'go under' with someone other than a specialized anesthesiologist giving you the gas." This type of remark only implied that the nurse anesthetist is dangerous. Other articles, passing the implication stage, bluntly stated that the nurse anesthetist was inadequately prepared—that only physician anesthesiologists were qualified to administer anesthesia.

Unfortunately, this type of unfavorable propaganda did have its effect. In many instances it succeeded in undermining the patient's confidence in the R.N. anesthetist, but not to the extent that it cannot be

restored with a sympathetic press.

Fortunately, the targets of these unethical attacks found they had many allies. They were reassured that their professional integrity and that of their organization, the American Association of Nurse Anesthetists, was recognized and appreciated by many and was sufficiently strong to withstand these accusations.

The nurse anesthetists' most ardent and vocal defender was the American College of Surgeons. The Board of Regents of the College, censuring the guilty parties involved, passed a resolution:

"The American College of Surgeons regards with deep concern the actions of some physician anesthesiologists in giving the impression to the laity in the public press that it is unsafe for experienced nurse anesthetists to conduct surgical anesthesia. While it supports the increasing tendency of having physician anesthesiologists in charge of surgical anesthesia, it deplors at this time any propaganda for the elimination of the trained nurse anesthetist. On the contrary, the American College of Surgeons is of the opinion that, in view of the inadequacy in number of the physician anesthesiologists

Preparing the patient with a gentle, soothing voice to accompany the closed system of anesthesia, the R.N. anesthetist brings her patient to the first stage of his surgical sleep. ➤

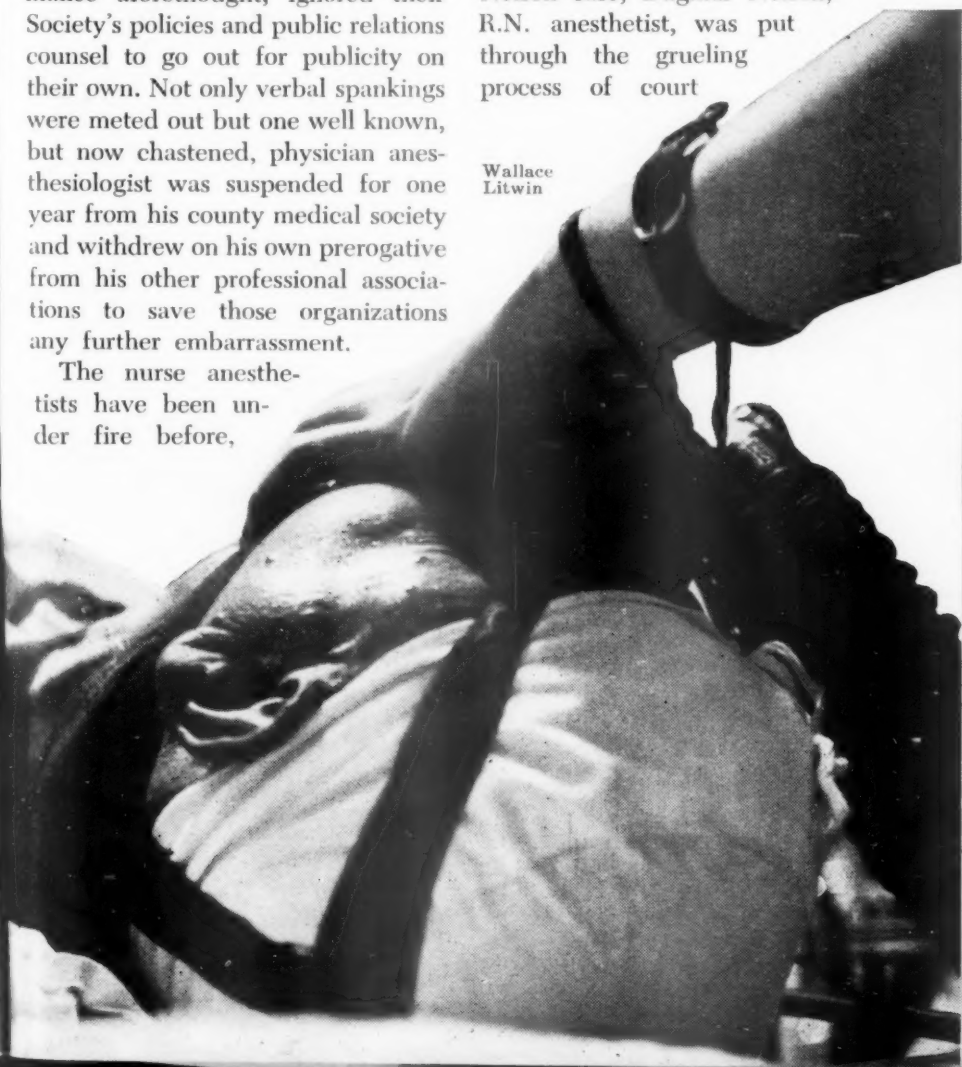
and in view of the splendid record of achievement of the nurse anesthetists, institutions engaged in training of nurses for this purpose should be encouraged to continue their program."

Moreover, the American Society of Anesthesiologists, Inc., speaking for its medical membership of 3,000, reprimanded those errant members who, through misguided thinking or malice aforethought, ignored their Society's policies and public relations counsel to go out for publicity on their own. Not only verbal spankings were meted out but one well known, but now chastened, physician anesthesiologist was suspended for one year from his county medical society and withdrew on his own prerogative from his other professional associations to save those organizations any further embarrassment.

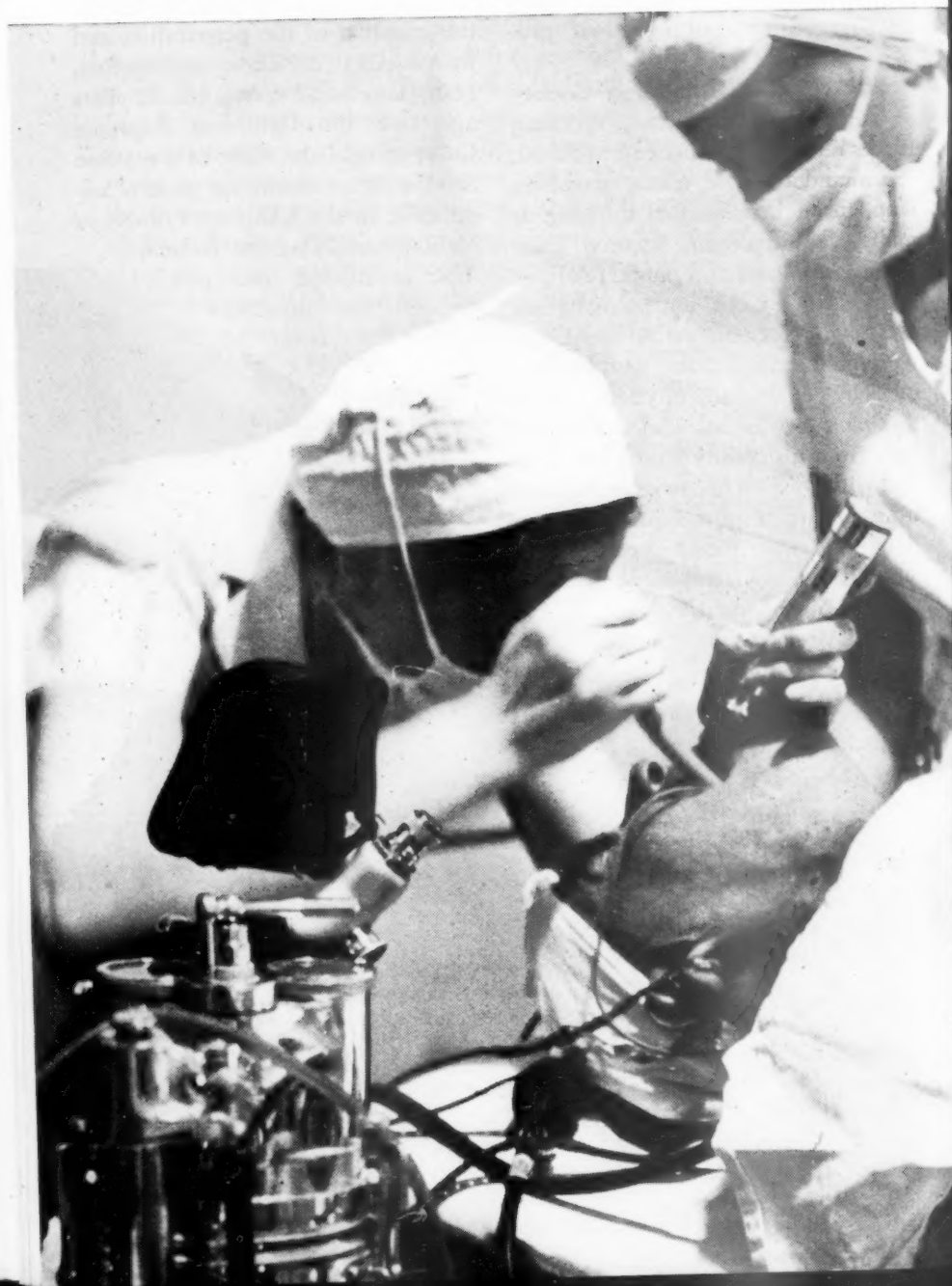
The nurse anesthetists have been under fire before,

but this last campaign, about two years in duration, has been the most rugged. Most of the dissension in the past and the present revolved around the question of the preparation and the legality of nurse anesthetists. Many may recall it was just 12 years ago that the California Supreme Court upheld the right of the nurse anesthetist to administer general anesthesia. In the Chalmers-Francis vs Nelson case, Dagmar Nelson, R.N. anesthetist, was put through the grueling process of court

Wallace
Litwin



▼ Intubating a patient to facilitate smooth anesthesia requires that the anesthetist have a basic knowledge of the principles of anatomy, physiology, pharmacology, psychology and surgery.



trials when she was used as a test case. The court ruled that "nurses in the surgery during the preparation for and progress of an operation are not diagnosing nor prescribing within the meaning of the medical practice act. Also that the evidence clearly showed that the nurse anesthetist merely carries out the orders of the physician to whose authority she is subject."

The trend today, despite the recent flare-up, is for more states to accept the California ruling. Some 60.56 per cent of the hospitals in this country employ nurse anesthetists only, and 24.65 per cent employ both nurse anesthetists and physician anesthesiologists; since the hospitals are cognizant of the inadequate number of prepared physician anesthesiologists and the difference between the fees charged the patient, the nurses' future does not seem to be imminently jeopardized.

Their official spokesman, the American Association of Nurse Anesthetists, has done much since its founding 17 years ago; now, however, it realizes it has a task of major importance before it. The AANA's immediate objective is to promote co-operation between nurse anesthetists and the medical profession, hospitals, and other agencies interested in anesthesiology as well as advancing the science and art of anesthesia. That obtaining harmony of working relations between the two groups will not be easy has become increasingly obvious, but this must be achieved if a solution is to be at all effective.

R.N. anesthetists are aware that the past 10 years have brought many changes in the anesthesia field; that although today there are too few certified medical anesthesiologists, about 400, more are being attracted to this specialty. But the time is a long way off when there will be a sufficient number to serve the six to seven thousand hospitals employing anesthetists. Meanwhile, the AANA is moving rapidly to keep its members abreast of the changing times, both professionally and educationally. It is endeavoring to determine who shall and who shall not be a member of the Association by requiring that a candidate pass a qualifying examination before acceptance. This cannot wholly guarantee that the administration of anesthesia will be by competent nurse anesthetists only but it is a major step in that direction. Eventually, when hospitals, surgeons and patients are educated to the significance of what membership in the AANA means, they will undoubtedly look on it as a form of certification.

The Association's first examination was given in 1945. Since then, two examinations a year have been held at as many points around the country as are convenient to the applicants. Anyone who has taken the examination will say it is stiff (maybe too much so) but even this early there is proof that this method has raised the standards of both the individual nurse anesthetist and the schools of anesthesia, plus improving the service [*Continued on page 90*]





▲ Her mind keen and all her senses alerted, the R.N. anesthetist gives the surgeon his traditional signal, "Patient ready, doctor."



▲ An operation over, the blood pressure and pulse are checked before removing the patient from the operating room. The team—surgeon and R.N. anesthetist—inform the patient it's up to her now. The follow-up visit by the anesthetist should be of a dual nature—a check on results and a public relations opportunity. ▼



NURSES & Wills

by Christine R. Kefauver, R.N.
Counselor at Law



WHERE THERE'S A WILL—there may be trouble for the nurse on the case, and she ought to be prepared for it. If her patient realizes that he may not live much longer, he may be anxious to make a will or to alter one already made. If the will is contested after his death, the R.N. is almost certain to be called as a witness.

She should therefore charge her mind most carefully with all the circumstances surrounding the making or changing of a will and, if possible, write them down, for she will not remember them if considerable time and other cases intervene before she is called upon to testify.

As a patient often has great confidence in his nurse, especially if she has been with him a long time, he may discuss the matter of a will with her and ask her advice. *Never under any circumstances should she draw a will for a patient.* She can and should advise him to consult a lawyer. If he claims not to know one, she should urge him to consult a friend, his banker, clergyman, or someone else whom he trusts, pointing out to him

ST. LOUIS POST-DISPATCH

NURSE TESTIFIES MISS RICKER CUT OUT COMICS AS PASTIME

The suit of Robert Ricker Norton of San Mateo, Calif., who is seeking to break the will of his cousin, Miss Ellen A. Ricker, whose estate was valued at \$1,000,000, continued today in Circuit Judge Joseph J. Ward's court.

Mrs. Marie Chamness, a nurse who attended Miss Ricker for three months beginning in August, 1944, testified that Miss Ricker was unable to carry on a sustained conversation, and spent much of her time cutting out comic strips from newspapers.

She apparently was confused about how many relatives she had, Mrs. Chamness said, and did not like to take baths. The witness said that in her opinion, Miss Ricker was not of sound mind and was completely dominated by a companion, Miss Mabel Johnson.

Norton was one of five cousins left \$5000 each. The bulk of the estate was left to the Seaman's Church Institute of New York,

the complications that will ensue if he dies intestate—that is, without a will. If he has already made one and desires to change it, she should again advise him to consult an attorney so that there will be no question about its validity.

However, a nurse should know some of the basic rules involved in making a will; such knowledge will stand her in good stead if she has to testify.

The testator (or maker of the will) must have known what he was doing and what property he had: real estate, bonds, stocks, bank accounts, and personal property such as paintings, laces, stamps and other valuables. Did he know to whom he wished to leave them? If he excluded one or more of his children or other relatives, did he do so of his own free will? Did he say that he did not want "son John" or "sister Kate" to get anything, and why? Did he say so of his own volition or did someone else suggest it to him?

The court may wish to know whether the deceased was free to see his lawyer or pastor or friends at any time. If not, who prevented this, and how? Were any particular members of his family excluded from his room? Did any of them try to influence him for or against other members of the family or beneficiaries? Did he bear any particular dislike to any of his relatives? Was there any apparent justification for this? Did anyone have a special influence over him and was that person preferred in the will? Did that person prevent him from seeing other people, especially his lawyer?

Another set of questions that may arise concerns the circumstances under which the will was signed and witnessed. Was it signed in the nurse's presence? Did the deceased know what he was signing? Did he

read it over later to make sure he had signed the proper document and not something substituted for it? Did he sign it himself? Did he require and receive any physical assistance such as someone holding his hand? If so, was it done at his request?

Was the will properly witnessed? (There must be at least two witnesses, who sign their names and addresses. They need not read the will; it is sufficient if the testator says: "This is my last will and testament. I want you to sign as witnesses.") A nurse may be a witness *unless she is a beneficiary of the will*. If she signs as a witness under such circumstances it may completely invalidate the bequest as to her, unless she is a relative entitled to a share, or a debtor of the testator's, in which case she may receive only the amount to which she would be legally entitled if there were no will.

If the patient destroyed his will in the nurse's presence, and died before he signed another one, she will be asked about the circumstances under which it was destroyed. Was it done deliberately? Did he make any statement as to what induced the action? Did he state that he intended to draw another will and, if so, what prevented his doing so?

A principal cause for contesting a will is "lack of testamentary capacity." This means that the testator did not know what he was doing, for any one of several reasons: feeble-mindedness, insanity, the effect of drugs, undue influence to which he might have been subjected, or a mistake. (A [Continued on page 94])

RN's Christmas Cue



Que

Homme
Reylon
rubinstein

6

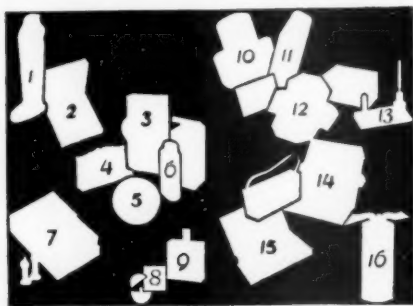
STU



For description, turn the page
49



'S CHRISTMAS CUES



1. & 2. Noel stocking has variety of cosmetics, all in Blue Grass. \$8.50.* **June Geranium Flower Mist and Dusting Powder.** \$2.50.* **Elizabeth Arden.** **3. & 4.** Your favorite scents, or a foursome of colognes, \$1-\$3. **Helena Rubenstein.** **5.** Tussy's compact in "Tahmina" design. About \$5. **6.** New Estrogenic Hormone Hand

Lotion in a 4-oz. bottle. **Helena Rubenstein.** \$1.50.* **7.** "Six Fragrances for Every Occasion" in double-decker chest by **Prince Matchabelli.** \$3.25.* **8. & 9.** **Mary Dunhill's "Scentinel"** in gold (\$2.50) or silver (\$7.50.*) case or cologne in modern-design bottle personalized with your initials. \$3.* **10.** Leather, fold-over manicure case. **Peggy Sage.** About \$5.75. **11.** **Cutex** case. About \$3.50. **12.** Another **Cutex** fold-over manicure set. About \$5.75. **13.** **Revlon Triple Treet** for \$1.* **14.** **DuBarry Beauty Kit** for beauty enroute. \$7.50.* **15.** **Bond Street Dusting Powder and Toilet Water** by **Yardley.** About \$3.50. **16.** The **Jacqueline Cochran Wing Ding** holds **Shining Hour** perfume. \$5.*

*Plus Federal tax.

CRICKET on your WRIST

● For that one expensive Christmas present for the R.N. this year, why not consider something new in timepieces: a wrist watch with a cricket-like alarm. It's a Swiss-made product known as the **Vulcain Cricket**, and is said to be the first alarm-type wrist watch ever marketed in this country. According to the manufacturer, the alarm can be set to "chirp" at any desired time, and goes off with a clear cricket-like sound that continues for 25 seconds (or until you stop it). The watch has a special movement and a new type "cap jewel" which, it is claimed, assures accurate time-keeping. In a stainless steel case, it sells for around \$120 at retail jewelers, is also available in a 14-carat gold case.



PROGNOSIS: *excellent* TREATMENT: *unique*

An account of a successful 18-year experiment of treating post-operative cleft lip and palate patients in a nurse's own home, probably the only one of its kind in this country.

HOME CARE for the treatment of certain illnesses has long been recognized as psychologically more successful than institutional care. But it took the observations and initiative of Myrtle Carstensen, R.N., of Seattle, Washington, to demonstrate the success of transferring the post-operative cleft palate patient from the hospital to a nursing home immediately following operation.

In her attractive bungalow just north of Seattle, Mrs. Carstensen begins her nursing care just as soon as the child is brought from the hospital, usually direct from surgery. In the past 18 years, she has cared for 949 post-operative cleft lip and cleft palate cases. Of these, 802 were boys. Ordinarily, she can care for only two children at a time; however, she has had as many as four at her home. Although most of her patients are from Washington, 50 have come from Alaska, and others from Montana, Oregon and Utah.

Mrs. Carstensen began her unusual specialty shortly after her graduation in 1927 from the former Minor Hospital in Seattle. As a new graduate she had several post-operative

cleft palate cases among her first patients. Realizing that the recovery of these particular children was impeded by constant hospital interruptions and unavoidable noise, which consequently disturbed the patients unnecessarily, Mrs. Carstensen sought advice from Dr. Herbert E. Coe, noted children's surgeon. At his suggestion, she decided to care for the children in her own home where she could control the environment completely.

Surgery on the lip and anterior portion of the palate is usually done shortly after birth, for such deformities interfere with suckling. Operations on the palate are usually started between six months and one or two years of age.

Cleft lip and cleft palate are the result of failure of the respective parts to unite during development in the uterus. They may occur separately or together and, although hereditary influence is regarded as important, the actual cause is not known. The degree of cleft varies from slight notching to complete

by Ruth B. Scott, R.N.



▲ Mrs. Myrtle Carstensen examines 10-year-old Marcia Dale Shannon, who has been under her constant care during the past three years.

november R.N. 1948

opening. This is not hare lip. "A central cleft, or true hare lip, is extremely rare," says Mrs. Carstensen. "Most clefts occur on the side, and the correct name is cleft lip."

A major responsibility of the nurse is to promote healing by careful and frequent cleansing of the entire suture line. As soon as a child is brought to her, Mrs. Carstensen cleans his tongue with peroxide, rinsing it away with water so that choking does not occur. This mouth irrigation is done with the baby held face down. Because a tongue traction suture is used during surgery, the tongue must be cleaned frequently with sterile water and cotton.

Tooth brushes are forbidden because of danger of abrasion; therefore, older children have their tongue and teeth cleansed with a cotton swab. Mrs. Carstensen removes serum and milk from the nostrils with an applicator moistened with plain water three times a day. She cleans the ears with a dry applicator, because the child usually has an abnormal production of wax. A high percentage of these children have a hearing handicap and, therefore, preventive ear care is important. Toddlers and older children have their hands washed frequently to lessen the danger of infection.

The only local treatment Mrs. Carstensen gives cleft palate repairs is warm drinking water, given through a nipple after every feeding. She never touches palate stitches, but waits for the doctor to remove them about sixteen to eighteen days after the operation.

For local care of cleft lip stitches, Mrs. Carstensen uses undiluted peroxide on a sterile applicator about forty-eight to sixty times a day in the first two days and thereafter about eight times a day. Because seepage around the stitches forms a crust and causes scarring, the lips must be kept clean. Following this, mentholatum is applied to the suture line.

About five to seven days after the operation, the stitches are ready for removal. When the child is asleep, Mrs. Carstensen removes two of the wire sutures. Before taking out the next two, she waits for 48 hours, to make sure that no gapping or spreading occurs.

Immediate post-operative feeding begins with a formula reduced with water, given to the baby half an hour after waking from anesthesia. Bowel movements are regulated by the amount of dark Karo added to the formula.

"I never give any sedative," Mrs. Carstensen says, although sedation is commonly employed for hospital cases. "The heat of the formula, which I give just as hot as they can take it, acts as a natural sedative. I make up fruit flavored gelatin with three cups of water instead of two and serve it hot during the first two days. I never give orange juice because the acid hurts and gas pains are produced. Instead, the babies take 25 milligrams of vitamin C daily until they are four months old; thereafter, they take 50 milligrams daily. The tablets are dissolved in sterile water and added to the formula. I always [Continued on page 58]

REVIEWING THE NEWS

► **REACTIVATION** of the Red Cross program for training volunteer nurse's aides has been approved by the American Hospital Association. In endorsing the move, AHA specified that recruitment and training be initiated at the local level through the implementation of committees on which hospitals, nursing associations and public health agencies would be represented. Under the program, volunteers receive 80 hours of instruction from authorized R.N.'s.

► **SWEDISH Nurses' Association**, host next June when the International Council of Nurses holds its biennial congress in Stockholm, has received from American nurses the tidy sum of \$1,100 to help defray hospitality costs. The money, one-third of the sum left over from ICN's 1947 get-together in this country, was originally donated by hospitality-minded nurses in the New York area. The remaining two-thirds, according to ANA sources, will go similarly to whatever Associations act as hosts in 1951 and '53.

► **SOMETHING NEW** in social service: A "laboratory of human relations" was established last month at a low-rent housing project on Manhattan's crowded upper East Side. The plan, frankly described as experimental, is an endeavor to teach the project's 1,310 families

how best to get along with one another, and how to benefit by various community activities. One of its aims will be to supply on-the-spot information about health, employment, family budgeting, etc. Sponsors of the idea are the Community Service Society, a welfare organization, and the New York City Housing Authority.

► **CEREBRAL PALSY**, said to affect half a million Americans, is to be the subject of an educational film being planned by the National Society for Crippled Children and Adults. Funds to pay for the production are now being raised by the National Association of American Business Clubs.

► **COMIC OPERA PLOTS** already abound in Britain's socialized medicine scheme, according to reports from London, where many believe that Gilbert and Sullivan would have reveled in such material as this: An Eastbourne dentist, realizing that all patients are entitled to free care and all dentists are entitled to reimbursement by the Government, has sent the latter a bill for yanking two of his own aching molars.

► **DR. THOMAS PARRAN**, former surgeon general of the Public Health Service, has been named dean of the University of Pittsburgh's new Grad-

uate School of Public Health. The school, founded by a \$13,600,000 gift from the A. W. Mellon Educational and Charitable Trust, is expected to open its doors in 1950. It will be the tenth such school to be established by U.S. universities. The others are at Yale, Harvard, Johns Hopkins, Columbia, Tulane, Michigan, Minnesota, North Carolina and California.

► **SAYS ANA:** New 1948 edition of "Facts About Nursing" goes on sale this month. Among other data, the booklet gives an area-by-area breakdown of the estimated number of professional nurses in the U.S.

► **STATE ASSOCIATIONS,** meeting in recent months, listened to discussions of problems facing them now and in the future. Idaho nurses, holding their annual convention at Sun Valley, heard Lelia Given, associate executive secretary of the ANA, speak of the necessity of enacting a licensing law to safeguard life and health. Reminding her audience that the ANA voiced the principle of licensure of all who nurse for hire as early as 1938, she stressed the need to inform the public of the dangers that lurk in our present system of permissive licensure.

Later, Miss Given outlined a seven-point program to be followed by the national nurse organizations in setting up standards for the preparation of practical nurses and the promotion of licensure. It includes: 1) determining the need for services of practical nurses in the state; 2)

recognition of the need by the profession as a whole; 3) development of a plan for preparation of practical nurses; 4) setting up standards for practical nurses; 5) changes in the nurse practice acts in all states to include legally authorized persons to approve schools for practical nurses, adequate supervision of the schools by qualified registered nurse personnel, and licensure of graduates; 6) supervision of licensed practical nurses by professionals (registered nurses); and 7) satisfactory salary scales for practical nurses.

► **ESTHER LUCILE BROWN,** Ph.D., speaking to over six hundred New Jersey nurses at their joint annual state convention on the topic "Nurses for the Health Services of the Future," said that nursing education is very much in the "horse and buggy" era—that nursing schools are in the position of medical schools back in 1910.

[Continued on page 79]



Saul Edward Frank

WATCHES and WATCHES
and WATCHES and WATCHES

AND **BULOVA**

THE NURSES' BULOVA

*for a lifetime of beauty
and dependable service*



\$37.50 is all it costs you. Including taxes. It's good for at least 37½ years. That's a dollar a year for perfect time-keeping and the pride you'll have in owning and using this gorgeous timepiece. • It's great for work — it has the sweep-second hand. It's beautiful for dress — 10 Kt. rolled-gold-plate top, steel back, silk cord with ratchet safety clasp. It has 17 jewels and BULOVA perfection and guarantee. There is NO better watch for YOU. • Other watches may be plentiful but THIS BULOVA is still scarce. Our supplies are limited, so, why not order RIGHT NOW?

**FOR WORK OR DRESS
THE PERFECT NURSES' WATCH**

R. N. SPECIALTY COMPANY,
15 E. 22nd Street, New York 10, N. Y.

Please send me a NURSES' BULOVA If I'm not thrilled I'll send it back for full refund.

- ☐ Enclosed is remittance.
☐ Send C. O. D., plus C. O. D. fees.

Name _____

Address _____

THE PERFECT GIFT

Candid Comments

[Continued from page 39]

committees and boards working to bring about these changes. It all depends upon whether we want to be sorrowing critics or nurses who care enough to put up a fight for good nursing.

The spirit of nursing is a light that shines through our skills. We symbolize it with a lamp. Years ago while on a survey I got lost one night in a vast and lonely area. The car lights were bad, there were only faint trails to follow, the gullies were dangerous, and a blizzard was in the offing. Then out of the black night loomed a light — more lights — voices. I had found the tar-papered haven that promised peace to my soul and rest for my bones.

So must it be for many patients, "lost" in the bewildering experiences of illness or accident. Away from the familiar daily routes, they, too, look for shelter. Then comes the nurse, her understanding and kindness glowing through voice and touch. It is a *lighted* house the traveler has found. It promises comfort and safety for his body and peace to his troubled spirit.

The spirit of nursing isn't a gift but a loan, passed on by our forebears. We are custodians for a while — then we too pass it on. Each of us alone will determine the quality of her stewardship.

Hospital operation ranks among the first 12 major industries in the U.S.

TAMPAX FACTS ^{NO} 3

Properly used, they provide "complete absorption of the flow."⁴

Correct tampon size in relation to vaginal length and caliber (with proper technique of insertion) are the only prerequisites of complete protection during the menstrual period.

Tests, under conditions of use with the expansion of the tampon restricted, indicate the average absorbency for Super TAMPAX as approximately 17 cc, for Regular TAMPAX approximately 12 cc and for Junior TAMPAX approximately 9 cc—whereas, actual clinical studies¹ of a representative group of women show the periodic flow to average only 50.55 cc. Thus, with correct usage and absorptive capacity of more than 170 cc, 120 cc and 90 cc in each package of ten Super—Regular—Junior TAMPAX tampons respectively, the margin of safety assures adequate protection for the entire period—simply by inserting the tampons at proper intervals.

Besides providing ample absorptive capacity, TAMPAX is safe,³ comfortable,⁴ and convenient.⁵

Its use has also been reported as psychologically beneficial.²

The fact that, during the last 14 years, over 2 billion TAMPAX have been purchased reflects the strong confidence that women place in their physicians' judgment.



REFERENCES

1. Am. J. Obst. & Gynec., 31: 979, 1936. 2. Clin. Med. & Surg., 46: 327, 1939.
3. Western J. Surg., Obst., & Gynec., 51: 150, 1943.
4. Med. Rec., 155: 316, 1942.
5. J. Health & Phys. Ed., 14: 154, 1943.

Available, at no cost, are professional samples of the three absorbencies of Tampax—Regular, Super and Junior. Just fill out and mail the coupon below.

TAMPAX

The Internal Menstrual Guard of Choice

Accepted for Advertising by the Journal of The American Medical Association

TAMPAX INCORPORATED, Palmer, Mass. RN 118

Please send professional supply of TAMPAX in the three absorbencies and related literature.

Name _____ Institution _____
PLEASE PRINT

Address _____

City _____ Zone _____ State _____

Prognosis Excellent

[Continued from page 53]

have my babies' tummies so full by midnight that sleep is inevitable. If they have been on three feedings, I give five; if on five, I give six or seven. If they whimper after a half hour, I give them a little more." As far back as 1929, Mrs. Carstensen anticipated present day flexibility of feeding schedules by feeding her babies whenever they cried.

Older babies have their precooked cereal and pureed vegetables added to their formula and given through a nipple with a large hole. "Spoon feeding is not good for these cases, unless a round end spoon is used," advises Mrs. Carstensen.

Meal are small but frequent. Each of the six meals is interrupted frequently for bubbling. This is more necessary with cleft lip babies because they swallow more air with their formulas than other infants.

At feeding time, Mrs. Carstensen always holds the baby in her lap. This plan continues until the child is old enough to be in a high chair and until the palate is closed.

"Keep their tummies full, their bodies warm, and their diapers dry." This is Mrs. Carstensen's secret of happy post-operative babies. She averages fifty to sixty diapers a day per child. Two diapers are put on at once, with about twenty-two to twenty-five changes. The remainder are used under the chin for feedings and under the head when giving nursing care. Recognizing that the average child at home uses only a dozen diapers daily, Mrs. Carstensen admits that her maintenance of hospital cleanliness makes a great increase in washing, but she feels that the baby's comfort warrants the additional work.

In a moderate climate, where many babies never wear stockings, her post-operative babies all wear long, 5 per cent wool stockings, and long-sleeved cotton shirts. "Welcome" sleeves allow play freedom, yet keep the hands from the mouth, through splints which slip into pockets at the elbow* [Turn the page]

[*Doctors recommend that in the pre-operative period arm restraints should be used so that children will become accustomed to them. They will then be more willing to keep them on after the operation.—THE EDITORS.]



Watchword for Watch-watchers

For today's BUSY nurse—
"First thought in first aid"
treatments for burns, minor
wounds, abrasions in office,
clinic or hospital.

CARBISULPHOIL COMPANY
3108-16 SWISS AVENUE, DALLAS, TEXAS

ANTISEPTIC • ANALGESIC

FOILLE

EMULSION • OINTMENT

*You're invited to request samples and clinical data.

Stars and Nurses Agree...

*"For
dream hands,
Cream
your hands"*



LYNN FONTANNE says: 'An actress's hands must be beautifully groomed . . . that's why I CREAM my hands . with Pacquins, of course!'

[*Try their method—a 12-second hand massage with non-sticky, non-greasy PACQUINS HAND CREAM. Use it regularly after roughening hand scrubbings!*]

Snowy, fragrant, *super-rich* Pacquins soothes and softens dry, rough, chapped hands. Originally created just for doctors and nurses, Pacquins is now used and acclaimed by well-groomed women all over the world . . . many of them famous beauties and leading stars.

Pacquins is easy to use—no waste, no spilling, no unpleasant after-film. For softer, smoother hands—truly *dream* hands—cream, cream, CREAM them often . . . with Pacquins!

Pacquins

HAND CREAM

ALSO: FOR EXTRA DRY SKIN
RED LABEL PACQUINS—CONTAINS LANOLIN



GLENYA WESTBROOK, Registered Nurse, agrees with Miss Fontanne: "I spend half my days scrubbing everything in sight, including my hands, and I throw Pacquins a salute! I owe that 'cared for' look of my hands to Pacquins."



ON SALE AT ALL COSMETIC COUNTERS
IN UNITED STATES AND CANADA

**CLEANS AS
IT WHITENS**

Contains
whitest pigment
money can
buy!



**PROFESSIONAL FORMULA
Relieves Simple
HEMORRHOIDS
at Common-Sense Cost**

●Made to the highest ethical standards, Pazo Suppositories are daily bringing fast, comforting relief to thousands. **FORMULA:** Bismuth Subgallate and Zinc Oxide—astringents with locally protective and soothing action. Camphorated-Phenol (N. F.)—to relieve pain. Resorcin and Benzocaine—to relieve itching. Plus Boric Acid in a Cocoa Butter base. For sale in drugstores everywhere.

FREE

For professional sample write The Grove Laboratories, 2650 Pine Street, St. Louis 3, Missouri.



Mrs. Carstensen sets up only two requirements for her patients. First, she insists that any child for whom she cares must have a hemoglobin of at least 90 before surgery. "It is always the nursing care that is blamed if stitches do not heal. It is only fair to the nurse that the child come to her in as good health as possible."

Secondly, the child is allowed no visitors while he is with her. Each day, Mrs. Carstensen telephones the parents, or sends them a post card, reporting on the child's progress.

However, when it is time for the patient to go home, Mrs. Carstensen spends several hours with the parents, teaching them how to care for the child. To the parents, the physical care is most important and Mrs. Carstensen repeats and repeats so that every detail is understood.

In her estimation, however, the big factor is speech training. "Even though a child has a perfect repair, he will continue to have a degree of what we call cleft palate speech. He must have special speech training in correct enunciation, or the surgery will be wasted."

Because the parents, with whom the child spends most of its time, are the most important speech influence, they must enunciate clearly every word they speak to the child. They must require the child to speak clearly to them. Mrs. Carstensen advises against baby talk. She tells the parents, "Your child will need every help you can give it, but the results are worth all your efforts."

An advantage which parents ap-

Avoid that Embarrassing Moment



IT'S AN EMBARRASSING SITUATION when the nurse must explain to parents that a child has lice. Here's a way to get around it gracefully.

Send for a supply of a little leaflet prepared by the makers of A-200 Pyrinate Liquid. It is addressed to mothers. In sympathetic and diplomatic language the mother is told about the danger of lice infestation. It also tells her:

- 1.** A-200 is a sure, fast killer of lice, and their eggs...on contact. One 15-minute application is usually sufficient.
- 2.** A-200 is non-poisonous, non-irritating, and leaves no tell-tale odor.
- 3.** A-200 is easy to use. It is a liquid...no greasy salve to stain clothing. Especially recommended for children.

McKESSEON & ROBBINS, INC.
BRIDGEPORT, CONN.

Famous for Quality since 1883

McKesson & Robbins, Inc., Bridgeport, Conn.

Please send me a supply of the leaflet,
"Mother . . . an Important Message."

Name _____

Street _____

City _____ Zone _____ State _____



FOR SKIN CARE

LAMO (Nason's) is refined lanolin in a bland base, with all the effectiveness of natural lanolin . . . but with the objectionable features eliminated.

LAMO is not greasy, gummy or stringy . . . has no unpleasant odor . . . is mildly medicated for skin protection and care.

TALBY NASON COMPANY
BOSTON 42, MASS.

LAMO
(NASON'S)

Send for complimentary
sample 1/2-oz. tube.

preciate is that the child has been part of a real home situation. Consequently, he re-adapts easily to his own home, without having to overcome "institutionitis."

"Even a tiny baby needs the emotional security of being picked up, loved and patted," maintains this nurse. "Mothers or nurses who are overdoing scientific care need to look at a baby with love, speak to it and caress it. Firmness of discipline can go right along with tender, loving care."

For Myrtle Carstensen, nursing these cleft lip and cleft palate cases is her life. Although for months at a time she cannot leave home, her books, music and garden make such a restricted life bearable.

"As I see cleft palate and cleft lip nursing, this is purely a one-woman's job," says Mrs. Carstensen. "Having one individual giving 24-hour care for a child has worked out better than employing several nurses. I've tried having a graduate nurse on duty here at night but I find it better to have a housekeeper relieve me of cooking and cleaning, leaving me free to do around-the-clock nursing. Any nurse could have results like mine, if she had the exclusive care of her patient.

"There is a real bond between myself and these children," she says with conviction. "It seems because of their affliction that a compensating Power has given them unusually lovable personalities." And a true spirit of nursing has provided Mrs. Carstensen with a satisfying and full professional life.

FREE *to Nurses*

A booklet written to help you

... to tell you everything your patients may want to know about how to stay healthy, happy, comfortable every day of the month.

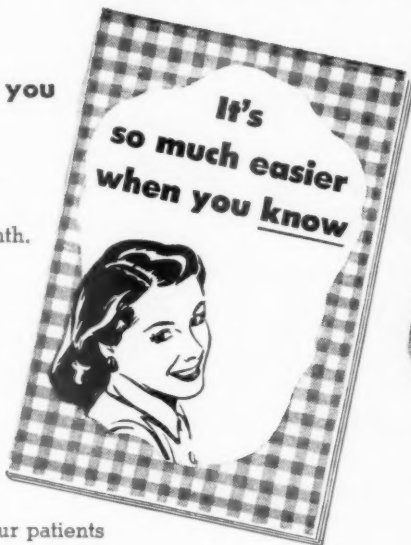
Is it safe to swim? Shower?
What about cramps? Blues?

**"It's So Much Easier
When You Know"**

It's for young girls

It's for older women

It's for you ... for all your patients



Go Meds... Go Merrier



The Modess tampon

Acceptable for advertising in the
Journal of the American Medical Ass'n

Send this coupon ...

FREE  **PROFESSIONAL SAMPLES**

Personal Products Corporation
Dept. RN-11, Milltown, New Jersey
Please send me FREE Professional Samples of Meds (postpaid in plain wrapper) and copies of your booklet "It's So Much Easier When You Know."

Name

Address

City

State

YOUR CHAPTER IS MISSING

from our stories of satisfied applicants. If we don't advertise a position you want we may have it or we'll try to help you find it. We have for many others.

Superintendents of Nurses—(a) For a 250-bed county hospital, no training school, seaside resort city, S. Calif.; \$290, mtce. (b) Small well-equipped general hospital near Los Angeles; \$300.

See classified for other positions we list. Many excellent ones on our files.

Elsie Miller

Director

Business and Medical Registry
(Agency)

553 S. WESTERN AVE.
LOS ANGELES 5, CALIFORNIA

NOW— Probie \$1⁰⁰ A Copy

We still have a few copies of "Probie" in book form. These are available at \$1.00 each until the supply is exhausted.

**Nightingale Press
Rutherford, N. J.**

R.N. Speaks

[Continued from page 31]

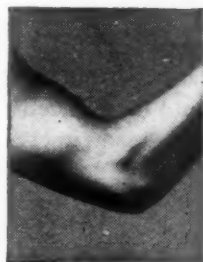
book at all is questionable. If so, then his interpretation is mightily belclouded by his personal thinking.

It should be said here that Mr. Davis' remarks do not represent the official viewpoint of the AHA or the Kellogg Foundation with which he is connected. Although his book review has been withdrawn and will not be published in the *American Journal of Nursing*, his words have been heard and believed by a sufficient number to set up more counter-irritation to Dr. Brown's recommendations. This does not mean that there wasn't any opposition at the outset—there was, and is, and will continue to be.

Also, it is doubtful that Mr. Davis' remarks met with the approval of the "Permanent Continuing Conference on the Improvement of Patient Care," a committee made up of the executive directors of hospital, medical and nursing organizations. This Conference was formed to explore and promote better understanding between medical staff, nursing staff, and hospital administrators which would contribute to better patient care. One of its many purposes is "to establish a medium for the elimination of unilateral statements of major policy without previous consultation." We are wondering with whom did Mr. Davis, a member of this Conference, consult?

Maybe some of these organizations would agree wholeheartedly with Graham Davis' viewpoint—need-

Beyond the reach of human fingers



Beneficial effects may be exerted, not just locally but systemically, "beyond the reach of human fingers" in such conditions as arthritis, myositis, muscle sprains, bursitis and arthralgia. That systemic as well as local effects may be achieved by such preparations as Baume Bengué was conclusively demonstrated by the fundamental work of Moncorps, Kionka, Hanzlik, Brown and Scott.



LOCALLY—at the site of discomfort analgesic relief and a beneficial hyperemia may be readily induced.

SYSTEMICALLY—the salicylate absorption promoted by Baume Bengué's methyl salicylate concentration produces systemic effects to reinforce other indicated therapeutic measures.

Baume Bengué provides 19.7% methyl salicylate, 14.4% menthol in a specially prepared lanolin base.

Baume Bengué ANALGÉSIQUE

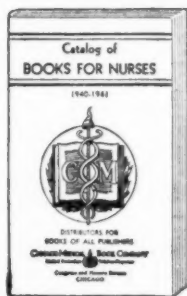
THOS. LEEMING & CO., INC., 155 E. 44th ST., NEW YORK 17

less to say, others would emphatically not. On the subjects of nurse education and the auxiliary worker there are no two ideas alike. Every consumer and dispenser of nursing services has his own solution—and no one at the moment is in the mood for compromise. Graham Davis is a good example of the thinking at one end of the pole and the National League of Nursing Education of that at the other.

The professional nurse organizations have been accused of not meeting their obligations; consequently, all interested parties have stepped in with their solutions. In the interest of providing for the needs of the patient in the most economical way—in dollars and cents—the professional nurse's education and output has been dissected, studied, and evaluated. She has been held up to the light and examined, and has been found wanting by all except her own nursing organizations—but even individuals within these organizations whisper their dissatisfaction.

The American Medical Association recommends that there be two classes of nurses: one class, the pro-

fessional nurse group which would be subdivided into the nurse educators and the clinical nurses; the other, the trained practical nurse. Those nurses with collegiate training and those demonstrating an aptitude for teaching, administration and supervision, would fill the upper level jobs. Clinical nurses, today's general and private duty nurses, would still be classified as professional nurses but their training period should be reduced to two years. For the trained practical nurse, the AMA committee, appointed to study the nursing problems, recommends one year's training consisting of three months theoretical and nine months practical training. This training could be supplied completely in hospitals or the three months theoretical training under the department of education and the rest in hospitals. Also it suggested that provision be made and credits allowed the selected trained practical nurse who wishes to advance to the grade of clinical nurse. As our regulations stand now, the individual State Board of Nurse Examiners would not permit this last recommendation as all professional train-



Free CATALOG of ANY and ALL BOOKS FOR NURSES

Books of all publishers . . . for nurses, superintendents and hospital training schools . . . all obtainable from one source. Catalog lists and describes the largest and most complete stock of Nurses' and Medical Books in this country. All books mentioned or reviewed in this Journal or elsewhere can be supplied.

WRITE FOR FREE COPY

Indicate whether Nurse, Physician, Intern or Hospital Superintendent

Our central location means prompt delivery everywhere.

CHICAGO MEDICAL BOOK COMPANY

Medical Booksellers, Publishers and Importers
Since 1865

1820 W. Congress Street, Chicago 12, Ill.

Simplicity



in Dextrose Administration

No involved procedures with Cutter Solutions in Saftiflasks!
From meticulously tested solutions—to ready-to-use, disposable
injection equipment—the Saftiflask set-up is designed for
simple, trouble-free administration in your hospital.



Sterile, pyrogen-free solution is removed from stock and inspected for clarity.



Disposable intravenous set, already assembled and sterilized, saves time for nurses and other technicians.



Attending physician makes a final examination, to be certain solution checks with his written orders.

These photographs are from a newly-completed strip film, prepared for use in hospital training programs. For a print, write to Cutter Laboratories, Berkeley 1, California.

CUTTER LABORATORIES • Berkeley 1, California

ing must be taken in a professional school of nursing, but at least the AMA doesn't suggest that the credits begin in the cradle as does Graham Davis.

Dr. Charles F. Wilinsky, executive director of the Beth Israel Hospital in Boston and a trustee of the AHA, believes that we should consider four levels of nursing and our educational system should be revamped to provide for them. He thinks it would be wiser to make a choice of opportunities such as: a short course comparable to that offered to nursing aides during the war; another type of training for a period of no more than one year offering opportunities for the training of attendants and practical nurses; the three-year training course for graduate nurses; and the course

of five or more years in which are combined instruction in nursing and a college education leading to the A.B. or B.S. degree as well as that of R.N. at the end of the training period.

However, the American College of Surgeons, through its spokesman Dr. Howard C. Naffziger, has frequently said that less costly nursing care is needed, and this care cannot be less expensive if the nurse continues to spend the present number of years getting educated. Dr. Naffziger believes that R.N.'s already represent a too large investment in education for some of the tasks they perform, and that higher education for any considerable number would be economically unsound. He complains that with the increased centering of attention



With your own Skyscraper Apartment

YOU'LL LIVE LIKE A QUEEN

As part of its expansion program, an important hospital is seeking an assistant Director of Nursing. Some experience in teaching and a B.S. degree is preferred.

In addition to an excellent salary, a beautiful private apartment with complete service is provided.

You will find both your professional and personal life richly stimulating in this position.

Wire or write us immediately if interested. All negotiations confidential.

BURNEICE LARSON, Director



THE MEDICAL BUREAU
Palmolive Bldg., at 919 N. Michigan Ave.
CHICAGO . . . ILLINOIS

"Not part, but the whole"

In the therapy of obstinate skin conditions, more and more physicians are appreciating the advisability of prescribing the use of pure, mild **MAZON** Soap to complement the action of antipruritic, antiparasitic, antiseptic **MAZON** Ointment. Together they represent a two-fold therapy in which cleanliness is achieved without irritation, and medication is provided under the most advantageous conditions.

For more than twenty years physicians have prescribed *both* Mazon Soap and Mazon Ointment in the treatment of acute and chronic eczema, psoriasis, alopecia, ringworm, athlete's foot, and other skin conditions not caused by or associated with systemic or metabolic disturbances.

MAZON

Ointment and Soap

Available at your local pharmacy.

BELMONT LABORATORIES

Philadelphia

Pa.



How to SHARPEN HYPODERMIC NEEDLES

REGULAR POINT

1



Fish hook points tear tissue and are painful

2



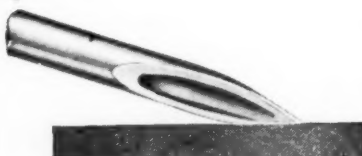
Removing inward fish hook on Regular Point

3



Removing outward fish hook on Regular Point

4



Note double angle used for grinding side bevels for both Regular and Huber Points

HUBER POINT

1



Removing inward fish hook on Huber Point

2



Removing outward fish hook on Huber Point

3



Wrong way to grind side bevels

4



Finished point ready for use again

Free Needle Sharpening Chart, available upon request. Ask for B-D Chart No. 34K.

B-D PRODUCTS

Made for the Profession

BECTON, DICKINSON & Co., RUTHERFORD, N. J.

upon elevating the standards of the nursing profession there has been a decreased emphasis on the care of the patients. His association advocates a two-year basic training course for professional nurses with additional graduate work for those who wish to specialize.

This line of thinking is not confined to doctors and hospital administrators alone. Many professional nurses—from general duty to deans of collegiate schools—have voiced their opinions endorsing the idea of the two-year basic nursing course with further study for the specialties and degrees.

Sister Rosa of St. Joseph's Central House, Emmitsburg, Maryland, has gone on record as urging a system which would compress in a two-year course the essentials required to make a good bedside nurse and supply a firm foundation for those who wished further training. On the other hand, Lucille Petry, Chief, Nursing Division, United States Public Health Service, is convinced that the curriculum should be expanded to include training in various specialties. She believes that even after three years of basic training, the R.N. is inadequately prepared to meet today's community needs.

Dr. Brown supports the idea of experimenting with shortening the three-year course for she doubts that it takes that time to produce a bedside nurse to carry on simple nursing procedures, but she strongly urges that the course of study be improved. Her singularly startling recommendation is that graduates of this short-

ened course or the present three-year course be considered nonprofessional nurses in contrast to the professional graduates from the collegiate schools. The recommendation to change the diploma school graduates' classification is a touchy one but one we must face honestly. We have to admit that there are many among us who have not the capacity to be considered professional people, and are not seriously interested in attaining that level, but there are also a number who jealously guard the title whether they qualify or not. The levels of nursing within nursing will not concern doctors and hospital administrators as much as they will nurses themselves. Doctors and hospital administrators are interested in supplying nursing care to their patients. When anything disrupts that supply and their patients go unattended, then they are opposed to the disrupting influence—a natural reaction.

When these varied viewpoints are analyzed, the prevailing thinking seems to spell out four important questions that need decisions which will be mutually agreeable to all concerned. The first, should the three-year basic training course be accelerated and reduced to two years with further training in specialties taken in the post graduate period? The second, should the education of all nurses be taken out of hospitals and put in institutions of higher learning or only the education of that small segment of nurses who aspire to a truly professional level? The third, should there be two levels within nursing—the professional and

NURSES

Permanent positions in three large city hospitals employing latest techniques and conducting research in general and communicable disease treatment.

Outstanding employment provisions cover:

Opportunity for training and promotion
Retirement and Disability Allowances
Sick Leave with Pay
Hospitalization and Benefits
Paid Vacations
Forty (40) hour week


Immediate Placement

For:	Salaries:
General Staff Nurses	\$3040—3358 per year
Communicable Disease Nurses	\$3040—3358 per year
Public Health Nurses	\$3118—3478 per year

Write for information

Detroit Civil Service Commission
16th Floor, Water Board Building
735 Randolph Street
Detroit 26, Michigan

There IS
an easy way to strain Foods



The Baby Size Foley Food Mill, now back on the market, is just the right size for quickly straining freshly cooked vegetables and fruits. Purees any food fine enough for the smallest baby or for any adult smooth diet. Baby Size 1 quart \$1.69; Household Size capacity 2 quarts \$1.89.

with a Baby Size
FOLEY FOOD MILL

Sold at Department, Hardware stores.

*T.M. Reg. U.S. Pat. Off.

REPLACEMENT OF A DEFECTIVE OR MONEY
Guaranteed by
Good Housekeeping
AS ADVERTISED THEREIN

PROFESSIONAL OFFER TO NURSES

FOLEY MFG. CO.
3320-11 N. E. 5th St., Minneapolis 18, Minn.

☐ Send free folder, Strained Food Methods
☐ Send Professional Offer to Nurses on Foley Food Mill.

Name
Address

nonprofessional—the nonprofessional including the graduate bedside nurse and practical nurse; or should the levels be divided with the professional nurse, including degree R.N.'s and diploma graduates, on one level and the practical nurse on the other? The fourth, should the sick continue to pay for nursing education; should this training be supported by Federal funds; should student nurses' tuition fees meet the cost of their education?

Eventually, these decisions will be made. Whether there is unanimity on one, two or all, a working agreement *must* be reached. Nursing cannot stand alone; cannot solve all of its own problems singlehanded, for it touches allied fields on too many sides.

Today all the cards have been played; all sides know the others' convictions. Nurses, doctors and hospitals can reach an understanding providing they remember that patient care, not personalities, is the most vitally important aspect of the solution. Now is the time when an irresistible force has met the immovable object—is it to be compromise or conversion?

—ALICE R. CLARKE, R.N.

The Rockefeller Foundation has purchased 2,500 copies of Dr. Esther Lucile Brown's report, "Nursing for the Future," for foreign and domestic distribution. Five thousand copies of the book have been printed; an additional 5,000 are now being reprinted.

One Treatment
exterminates

HEAD LICE
and
CRAB LICE



Cuprex—safe, easy-to-apply liquid medication—kills the nits as well as the lice, thus protecting against reinfestation. Supplied in 2-ounce and 4-ounce bottles.

Cuprex

The PERSONAL
INSECTICIDE

MERCK & CO., Inc. Manufacturing Chemists RAHWAY, N. J.

A WHITE ROCK EXCLUSIVE!

Staze-rite

THE UNIFORM THAT NEVER

NEEDS STARCH

*yet stays crisp and beautiful
throughout its lifetime!*

WHITE ROCK'S FACTORY-TO-YOU PRICE IS ONLY

6⁹⁸
EACH

2 for \$13.50

WHAT IS STAZE-RITE? Staze-Rite is the name given to a new kind of fabric treatment that does the work of starch without using starch! Ironing gives the Staze-Rite fabric a beautiful, lasting finish—one that outlasts the most carefully starched garment.

NONE OF THE DISADVANTAGES OF STARCH. No cracking fibres! No heavyweight, wrinkle-easy uniforms! No blocked air spaces! Staze-Rite eliminates all these starch evils—forever!

IMPSON'S SOULETTE POPLIN. Now you can have the wonderful Staze-Rite process used on this world famous fabric. Now you get the benefits of this remarkable no-starch process together with a guaranteed poplin found only in the finest uniforms!

Buy direct from our factory . . . and SAVE!

ORDER BY MAIL! White Rock Uniform Co., Dept. G 118
5 N. Village Ave., Rockville Centre, N. Y.

gentlemen: Please send me the following White Rock uniforms at 6.98 each (2 for 13.50). I understand that every uniform is guaranteed to give full satisfaction.

	Sleeve Length	Quantity	Size
Winslow"	Long Sleeve () 2232		
	Short Sleeve () 2233		
Salem"	Long Sleeve () 2230		
	Short Sleeve () 2231		

enclose () check () money order () send C.O.D.
I will pay postage on prepaid orders. If C.O.D., charges will be added.

() Please send me your FREE 1948 catalog.

name.....

dress.....

city & State.....

White Rock
Uniforms



THE STAZE-RITE WINSLOW

2232

Long Sleeves

2233

Short Sleeves

Multiple tucks on waist; detachable fresh water pearl buttons from neck to just below waistline. Yoke back. Flared skirt with wide hem. Set in belt. Sanforized and "Certified Washable." Sizes 11 to 15; 12 to 42.

THE STAZE-RITE SALEM

2230

Long Sleeves

2231

Short Sleeves

Detachable fresh water pearl buttons from neck to waist. Gripper Fasteners from waist to hem. Flared skirt, wide hem. French cuffs. Sanforized and "Certified Washable." Sizes 12 to 18; 38 to 44.

OURS ALONE—

AND CERTIFIED WASHABLE, TOO!

Only White Rock can offer you uniforms treated with the famous Staze-Rite process. They cannot be bought from anyone but White Rock or anywhere but by mail. They bear the seal of the American Institute of Laundering—a seal that means your uniform will retain its shape, size, color and long-wearing properties.

MONEY BACK GUARANTEE—Every White Rock Uniform carries an attached guarantee. Your money back if not satisfied for any reason whatever.

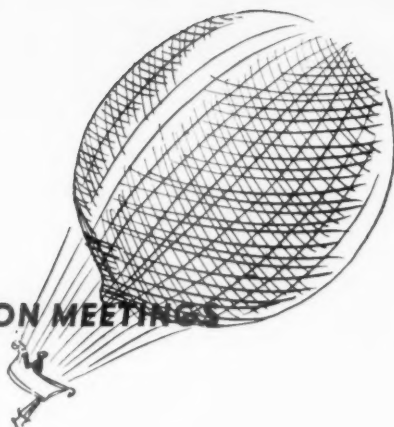
FREE—Send coupon for FREE copy of new WHITE ROCK folder.

© White Rock Uniform Co., Inc.

WHITE ROCK UNIFORM CO., INC., ROCKVILLE CENTRE, N. Y.



LIFE GET INTO YOUR ASSOCIATION MEETINGS



IF YOUR STATE OR district meetings result in more excuses and yawns than wide awake attendance, it's time for your programs to receive a hypodermic.

Wise presidents or program chairmen will see to it that the board irons out most of the kinks before business goes to the meeting for discussion. Final decision on important matters, however, should be made at meetings so members will feel responsibility in "belonging."

The really successful president will call for opinions from a number of members, in this way drawing out those who would be hesitant, yet may have excellent ideas. This eliminates linen room gripe sessions where matters are mulled over much too late.

Programs can be made so interesting that the members will miss them only with reluctance. Two points of view were heard recently. One secretary said, "The general book review on non-nursing subjects, or other pure entertainment, has no place at a nurses' meeting that should always

cover professional subjects." These members miss a lot; never have a Christmas party or a summer barbecue. Another viewpoint was demonstrated when a nurse commented, "We've had so many general subjects at meetings that I'm starved for professional information. If we don't get some good lectures by doctors soon, I'm going to ask the doctors for personal talks on topics I need to know." To offset this and keep programs timely, pass out slips of paper and ask members to note suggestions of subjects or speakers they would like to hear.

The good program chairman not only secures a speaker, but turns in publicity on him, checks the day before to be sure he remembers his appointment, and meets him at the door to see that he is properly introduced. Transportation should be provided for speakers if necessary.

One painful but important duty of the program chairman is to be sure that her speaker does not talk on and on. The kindest way is to tell him beforehand how long he is to

You'll be interested

TO KNOW THAT IN HOSPITAL TESTS

Vapo-Cresolene.

RELIEVED COUGH OF
 Whooping Cough in 80% of cases
 Bronchial Asthma in 76% of cases
 Spasmodic Croup in 100% of cases
 Bronchitis in . . . 83% of cases

Vapo-Cresolene reduces nasal congestion, soothes and relieves the throat irritation that causes coughing.

Send for special brochure
 Established 1879

THE VAPo-CRESOLENE CO.
 62 Cortlandt St. New York 7, N. Y.

at last

Here's the "Miracle Material" the way you've demanded it—not stiff and heavy—not thin and flimsy, but **SOFT AND NON-TRANSPARENT.** Styled neatly, smartly and distinctively with a set-in belt, and featuring a slenderizing "off center" button closing.

nylon

#754 Long Sleeves
 #0754 Short "

\$12⁹⁵

Sizes 10 to 20 . . .

SEND FOR FREE CATALOG
 Mail Orders promptly and carefully filled.

bencone uniforms
 Dept. RN-11 222 W. 34th ST. NEW YORK 1

peak, and perhaps lay a watch on the speakers' table. The program chairman might even say, "I'll be sitting in the back, and will stand up to give you one minute warning, if you wish." These precautions prevent the embarrassing duty of breaking into an interminable speech, although sometimes this must be done.

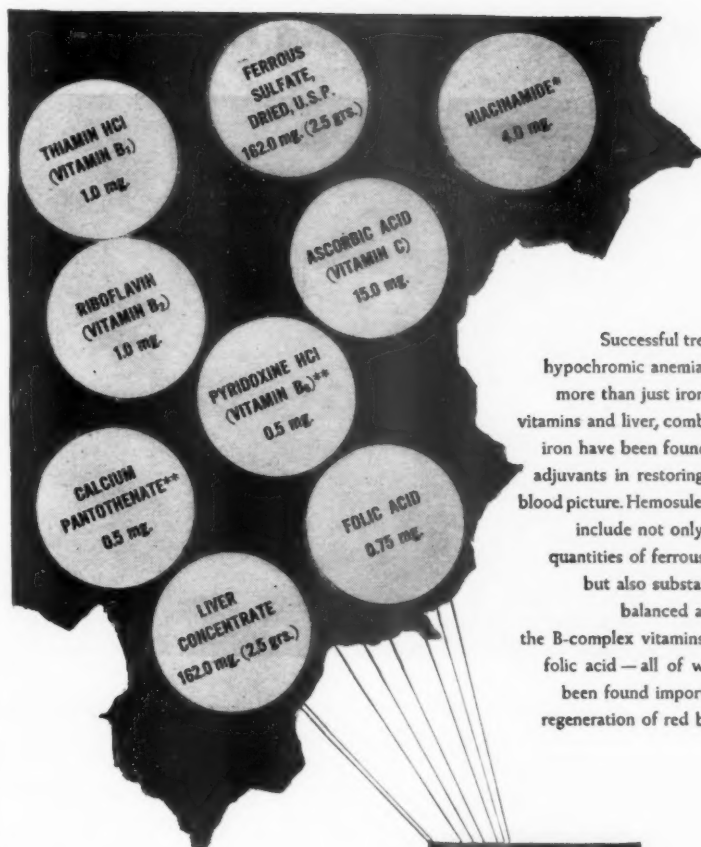
Panel discussions can provide lively sessions for programs. To limit them the panel chairman can announce, "Each of our speakers will have five minutes, and after all four speak, we will allow each a minute for afterthoughts or rebuttal. Then the meeting will be thrown open to 20 minutes of audience discussion." The chairman can quite openly time the speakers and rise to her feet when each should conclude.

When committees are to be appointed, a prepared set of names will enable the president to pass around the duties and privileges, instead of constantly calling on those members she knows. Total member participation is an organization's life line.

Food and music for the programs? Both can be happily included. Try nurses' choruses, local high school, college and service club choirs, as well as conservatories and widely known choral groups and orchestras. Music teachers often have pupils who welcome chances to perform.

Food can do wonders! Nothing will make a stiff group unbend faster than grilled frankfurters and cokes, or perhaps steaming bowls of chili served with garlic bread. Whatever you serve, do it with a flair.

—RUTH B. SCOTT, R.N.



Successful treatment in hypochromic anemias calls for more than just iron salts: the vitamins and liver, combined with iron have been found effective adjuvants in restoring a normal blood picture. Hemosules† Warner include not only adequate quantities of ferrous iron salts but also substantial, well-balanced amounts of the B-complex vitamins including folic acid—all of which have been found important in the regeneration of red blood cells.



Packaging: Hemosules† Warner—bismethinic capsules—are available in bottles of 96 and 250.

'WARNER' Hemosules†

which are reasonably priced, will prove of benefit for patients who are "run down" or underweight and also for those who require a "pick up" during convalescence from infectious diseases.

*The minimum daily requirement for nicotinamide has not been established.

**The need for pyridoxine hydrochloride, calcium pantothenate and folic acid in human nutrition has not been established.

(Trade-mark)

WILLIAM R. WARNER & CO., INC.
New York St. Louis

on
am
be
up
, if
pre-
ak-
al-
one.
ive-
limit
an-
will
four
ute
hen
n to
on."
ime
feet

ap-
will
bund
d of
bers
cipa-
e.
ams?
Try
hool,
s, as
idely
stras.
upils
m.
thing
aster
okes.
chili
tever

R.N.
1948

What's Sugar Doing Here?



The sugar-coated pill is proverbial, but sugar has hundreds of other uses in pharmacy. At one time sugar was the only "drug" used in pharmacy and it is still recognized as one of the three pharmaceutical necessities—alcohol and glycerin being the other two.

A favorite food, sucrose is also used as a preservative . . . as a solvent . . . as an antioxidant . . . as a stabilizer. It is used to mask bitter tastes . . . as a demulcent . . . as a binder . . . as an excipient, and otherwise. More than 35,000 tons of

sugar go directly into prescriptions and preparations every year.

Much more enters into pharmacy through the derivatives of sugar. Basic chemical changes of sugar are yielding new useful drugs. Among those on which work is progressing are chemicals having marked analgesic and bacteriostatic properties.

Information about these Foundation studies and the role of sugar in pharmacy will be sent on request.

SUGAR RESEARCH FOUNDATION

A NON-PROFIT INSTITUTION

52 Wall Street, New York 5, N. Y.

News

[Continued from page 55]

► **THE NORTH CAROLINA** State Nurses Association, at its 46th annual convention last month, voted to accept Negro nurses as members, thus reducing to eight the number of states that have so far not provided membership for Negro nurses.

► **"THE EGG"** at Jefferson-Hillman Hospital, Birmingham, Ala., went haywire recently. Instead of recording brain impulses (as a usually well-behaved electroencephalograph should), the device—affectionately known as The Egg—suddenly began to spout jive, baseball scores, police calls, soap opera, etc. Baffled technicians, amazed at hearing radio programs on a machine which has no loud speaker, thought the sounds came from The Egg's sensitized needle-tips. At last report, however, nobody had been able to give a satisfactory explanation of the phenomenon.

► **A FIVE-YEAR PLAN** to elevate the standards of hospital administration was announced by the American College of Hospital Administrators at its recent annual convention. The program, to cost \$425,000, includes a provision for scholarships, as well as a study of means to recruit qualified young persons for administratorships. New president of the college, Jessie J. Turnbull, R.N., superintendent of Elizabeth Steel Magee Hospital, Pittsburgh, is the first woman to hold the post.

► **REGIONAL HOSPITAL** plan adopted a year ago at New York University-Bellevue Medical Center is to be expanded from seven affiliated institutions to 10. More than fifty other hospitals in the area have applied for affiliation, according to recent announcement. The plan, similar to programs developed in Maine, Michigan and elsewhere, provides postgraduate training at the medical center for staff physicians of affiliated hospitals in outlying cities and towns. It also enables such hospitals to obtain the consulting services of the university's medical faculty.

► **ESKIMO VACCINATION** program, undertaken by the Government at Point Barrow, Alaska, resulted in examination of 600, of whom 250 were given BCG inoculations. Last month, Bureau of Indian Affairs announced that a team of AMA doctors would conduct a medical survey on Navajo-Hopi reservations located in New Mexico and Arizona.

► **HIGHLIGHTS** of the recent AHA convention: Opening session brought a strong attack on the Ewing plan for compulsory health insurance . . . Joseph G. Norby, new president of the Association, urged that hospitals widen their services to the community "in a way and at a price that is both satisfactory and acceptable to the people" . . . Attendance at the convention totalled 7,500 . . . Walter D. Fuller, president of the Curtis Publishing Company, Philadelphia, declared that hospital authorities are

doing "a miserable job" in the matter of public relations at the local level . . . Senator Lister D. Hill (D., Ala.) predicted that the next Congress would establish a national foundation for intensive medical research on a wide scale . . . Citations and honorary membership in the Association were presented to 51 individuals for their contributions to health advancement . . . James A. Hamilton, past president of the AHA, received the 1948 award of merit . . . Dr. Thomas Parran advocated the formation of a world hospital association . . . Nine philanthropic foundations were awarded bronze plaques for outstanding efforts in the health field.

► **RADIO LISTENERS** in the Chicago area heard a new kind of serialized health program last month. Entitled "It's Your Life," the Monday-through-Friday daytime show features tape-recorded, unrehearsed interviews with anonymous Chicagoans who relate actual experiences in solving health problems of their own. Introduced over Station WMAQ on a trial basis, the show will move to a

national network if it clicks with local audiences. The AMA Council on Industrial Health has endorsed the program, which is produced and leased by the Chicago Industrial Health Association and sponsored by Johnson and Johnson, New Brunswick (N.J.) pharmaceutical house. According to AMA sources, the arrangement is believed to be unique in radio annals—the first time a show produced by a voluntary agency as a public service has been underwritten by a commercial sponsor.

► **JOB OPPORTUNITIES** for women who wish to become medical artists, librarians, photographers, etc., are described in a recently published report of the U.S. Women's Bureau. The report is entitled "The Outlook for Women in Occupations Related to Science."

► **DIAMOND JUBILEE** of Nursing is being officially inaugurated this month with special ceremonies during Nursing Progress Week (November 14-20) in memory of Linda Richards, America's first professional nurse. The Jubilee, marking the 75th



"HOPE I'M AS PEPPY
AT 61 AS YOU ARE."

Ask for shoes made of LEVOR's fine kidskin; it's
the softest, most comfortable leather.

Send for free folder — "Talking About Walking"
— full of foot-care suggestions.

"HONEY, JUST KEEP WEARING
COMFORTABLE KIDSKIN SHOES.
YOU'LL HAVE THE FOOT-POWER!"



G. LEVOR & CO., INC. *fine leathers since 1876* Cloversville, N. Y.

Family Favorite...

**the new
complete
DAVOL
nursur!**



**Better for baby, easier for mother—
(or daddy, nurse, sister, sitter!)**

Famous Anti-Colic* Nipple copies the maternal nipple—with its short flesh-like tip and firm sloping shoulder. This near-to-nature construction encourages natural sucking action, vital for proper development of mouth and jaws.

Slimmer, streamlined bottle is faster to fill and clean. Easier to hold.

Rubber seal keeps nipple and formula sterile in refrigerator; while traveling. **Plastic collar** holds nipple firm throughout feeding.

Complimentary: the new treatise, "The Development of the Infant Mouth from Embryo through First Year." Just use this coupon.

DAVOL *Anti-Colic*
NURSER

*Reg. U. S.
Pat. Off.

Davol Rubber Company
Department RN8-11
Providence 2, Rhode Island

Name.....

Address.....

City..... State.....

N. Y.

1. 1948

anniversary of Miss Richards' graduation from nursing school (New England Hospital for Women and Children, Boston), will continue during the 1948-49 twelvemonth under ANA auspices and the sponsorship of a committee of 70 nationally prominent persons, including President Truman and former President Hoover. According to ANA sources, the Association hopes the Jubilee will focus public attention on such matters as the extension of nursing services, improvement of nursing schools, economic security for nurses, adequate licensure laws, and recruitment of 40,000 additional students.

► **1948 LASKER AWARDS** for outstanding work in the medical field are being presented this month to Drs. Selman A. Waksman of Rutgers, Rene J. Dubos of Rockefeller Institute, Vincent du Vigneaud of Cornell, Martha M. Eliot of the U.S. Children's Bureau, and Rolla E. Dyer of the U.S. Public Health Service. Group award goes to the Veterans Administration, with special honor to Drs. Paul R. Hawley and Paul B. Magnuson, former and pres-

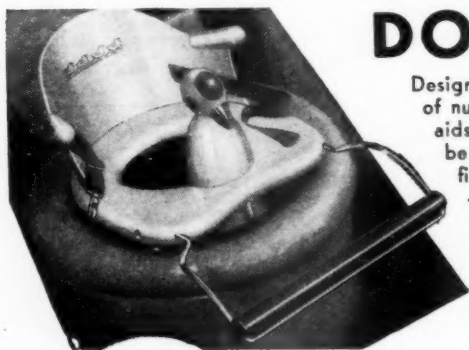
ent medical director, respectively.

► **MEDICAL ATROCITIES**, such as the concentration-camp crimes perpetrated by Nazi doctors during the last war, were the subject of prevention-study at the Congress of the World Medical Association. Proposal was made that doctors the world over subscribe to a revision of the Hippocratic oath forswearing all barbarities and experimental practices which could be classed as crimes against humanity.

► **OSCAR EWING** and his compulsory health insurance scheme [*R.N.*, Oct.] have stirred up widespread criticism. Some typical examples:

AMA Journal declared that "The greatest folly in the world is the manner in which Great Britain embarked on a nation-wide health service . . . and an even greater folly would be the attempt to offer a similar service in the United States."

Frank C. Rand, chairman of the board of the International Shoe Company, St. Louis, termed the plan "socialized medicine in its most exaggerated form." [Turn the page]



DOO-TEE NURSERY SEAT

Designed to meet the training recommendations of nurses and pediatricians. Adjustable footrest aids in normal bowel evacuation. Or seat can be used on chamber so that infant plants feet firmly on floor. Duck deflector aids posture—prevents slumping forward and gives infant sense of security—something to hang on to. Sturdy. Sanitary finish. No folding devices to pinch baby's fingers.

Folder sent on request

CARLSON MFG. COMPANY

4400 BROADWAY OAKLAND 12, CALIF.



Have you broken the News to his Mother?



GERBER'S MEATS FOR BABIES have double news value for mothers—and nurses—because they supplement infant diets with all the famous goodness and quality of Armour Meats. Prepared with the utmost care and cleanliness.

They're **ARMOUR** quality Beef, Veal, Liver. Delicious, lean meat with *complete high quality*

proteins. So nourishing!

CLEAN AND SAFE MEATS FOR TOTS . . . EASIER FOR NURSES. All ready to serve. No scraping—no cooking.

FAR LESS EXPENSIVE than home-prepared meats. Gerber's Strained Meats for tiny infants, Junior Meats for older tots are *one* moderate price.

For complete analyses and further information, write to Gerber's, Dept. 3511-8, Fremont, Mich.



Gerber's
BABY FOODS
FREMONT, MICH. OAKLAND, CAL.

3 Cereals • 20 Strained Foods • 15 Junior Foods • 3 Strained Meats • 3 Junior Meats

ANY
CALIF.

1948



Dennison DIAPER LINERS

Physicians and nurses have found that Dennison Diaper Liners make the diaper problem simpler and easier for new mothers. Physicians and nurses recommend Diaper Liners because they are sanitary and so soft next to baby's tender skin that they help prevent chafing and help guard against diaper rash.

Diaper Liners make diaper washing much less disagreeable. Hours of hard scrubbing are eliminated. The Liner is simply folded inside diaper. When soiled, the Liner is flushed away. Quick, simple, easy!

Suggest Dennison Diaper Liners to new mothers, and to your hospital, too. The cost is only a few cents a day.

Deluxe: 180 for \$1.00;

Cradle Time & Downesoft: 180 for 69c.

DENNISON, Dept. L-278
Framingham, Mass.

FREE Please send me a whole day's supply of Dennison Diaper Liners.

Name.....

Street.....

City.....Zone.....

State.....

Lewis L. Strauss, a member of the Atomic Energy Commission and a hospital trustee, attacked Federal aid as a trend "that can only end in an atrophy of those qualities which have made us a great nation."

Harold E. Stassen, president of the University of Pennsylvania, and Gen. Dwight D. Eisenhower, president of Columbia University, warned that Federal control of medicine would mean loss of individual freedom and a move toward statism.

The New York *Herald Tribune* summed up Mr. Ewing's approach to the national health problem as "putting the cart before the horse."

A group of hospital officials, meeting informally with President Truman at the White House, objected to the scheme as implying Federal control of the hospitals.

► **ABOUT PEOPLE:** Col. Julia C. Stimson, retired head of the Army Nurse Corps, died at Poughkeepsie, N.Y., on September 30 at the age of 67 . . . Marguerite C. Holmes has been appointed assistant professor of nursing education at New York University . . . New appointments to the staff of the Frances Payne Bolton School of Nursing, Western Reserve University, include Aileen Isabelle Hogan of New York City, Dorothy M. Turnage of Glendale, Calif., Mrs. Mary Jane Barrett Lowery of Tiffin, Ohio, Janet C. Scott, Sarah L. Hooper, and Ruth Patterson . . . Mrs. Gladys R. J. Wilson, formerly of the New Haven (Conn.) health department, has been made director of nursing for the Red Cross blood pro-

gram in the North Atlantic area . . . Mary Adelaide Nutting, 90, professor emeritus of Teachers College, Columbia University, and internationally known in nursing education, died in New York City on October 3 after a long illness . . . Lieut. Edwina Todd (NC) USN, has been awarded her B.S. in Nursing Education at Teachers College, Columbia University. Miss Todd, one of the group of Navy nurses who were prisoners-of-war at Los Banos in the Philippines, completed her course of study under the Navy post-graduate educational program . . . Florence E. Dunn has joined the staff of Rhode Island Hospital as assistant director of nursing service.

► **WORLD HEALTH** Organization at its recent 30-day meeting in Geneva decided to give top priority to global campaigns against malaria, T.b. and V.D. For the time being, study and advisory action only will be taken on such problems as mental health, parasitic and virus diseases, and public health administration. Dr. Brock Chisholm, Canadian psychiatrist, was named director-general of the 68-nation group, and Geneva was selected as permanent headquarters.

► **DENTISTS** as well as physicians were agog last month over the recent action of the American Dental Association at its annual meeting in Chicago. The ADA, long an opponent of compulsory health insurance, reiterated its stand on that issue; but it also went on record "as opposing

PROMPT, EFFECTIVE RELIEF for RHEUMATIC ACHES-PAINS.

Sore, Stiff Muscles

**Offers ALL Advantages of
a Mustard Plaster yet is so
much easier to apply!**

Rub on Musterole for fast, long-lasting relief from rheumatic, lumbago or neuritis pains—from stiff lame muscles.

Musterole offers ALL the advantages of a warming, stimulating mustard plaster yet is so much easier to apply—just rub it on. Musterole *instantly* starts to relieve aching soreness and helps break up the painful surface congestion. The only rub made in 3 strengths. At all drugstores.

MUSTEROLE

"Why don't
you try
the Polident
way"...



...the Easy, Pleasant
way to clean dentures!

Why make a nasty, offensive job of denture cleaning, when POLIDENT will do it for you easily, quickly and safely? Just have the patient gently drop the dentures into a glass of POLIDENT solution, and within 15 minutes—after rinsing—they're fresh, clean, and odor-free.

POLIDENT's *chemical* action saves you the trouble of messy handling. It dissolves food particles, mucin plaques and stains quickly and without scrubbing, abrasion or danger of breakage.

Send for a professional sample for trial, and see for yourself!

SOAK—15 minutes in solution (or overnight)... (1 capful of Polident to 1 glass of water)



POLIDENT

Recommended by more dentists than any other denture cleanser
HUDSON PRODUCTS, INC., 8 HIGH ST. • JERSEY CITY 6, N. J.

HUDSON PRODUCTS, INC., Dept. B-118
8 High Street, Jersey City 6, N. J.

Please send me a professional sample of POLIDENT.

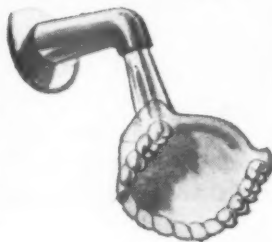
Name _____ R.N.

Address _____
Hospital

Street _____

City _____ State _____

RINSE—Hold under running water to rinse—**THAT'S ALL!**



th
ti
an
C
ha
ag

► I
sin
ab
em
ca
1,6
sta
Ca
Yo

► I
me
ado
(a)
soci
tive
plan
betw
auxi
eme
eme
plac
add
upon
train
a ne
of ci
tions

► PA
made
ly. T
\$370
over
emph
ment.

noven

the policies and methods" of the National Committee of Dentists, an affiliate of the National Physicians Committee, which for several years has waged an active campaign against Wagner-type legislation.

► **POLIO**, with 19,179 cases reported since January, showed slight signs of abatement last month. For the week ending October 2, a total of 1,527 cases were reported—compared to 1,608 the previous week. Hardest hit states during the late summer were California, North Carolina and New York.

► **INTERNATIONAL** Red Cross, meeting in Stockholm recently, adopted resolutions recommending (a) that national branches of the society cooperate with their respective national nursing associations in planning division of responsibility between professional nurses and auxiliary workers in time of major emergency, and (b) that in such emergencies, primary emphasis be placed upon short-term training of added auxiliary workers rather than upon reduction of professional-nurse training. The conference also adopted a new treaty for wartime protection of civilians, and called upon all nations to outlaw the atomic bomb.

► **PAY CUTS** affecting 279 nurses made news in New York City recently. The cuts, ranging from \$10 to \$370 a year, resulted from a switch-over to civil service status for nurses employed by the city's health department. Previously, all nurses had been

hired on a provisional basis—and at varying rates. Under the new set-up, those who pass competitive civil service exams are given permanent appointments—at a starting salary (\$2,640 a year) established by the budget director. (The same figure will henceforth apply to those hired on a provisional basis.) So far, 83 nurses have been given permanent appointments.

► **A POLL OF DOCTORS**, conducted by *Medical Economics*, revealed that 61 per cent would refuse to participate in any Federal compulsory health insurance scheme, such as the Ewing or Wagner-Murray-Dingell programs. Only 15 per cent said they would participate; the remaining 24 per cent were undecided. The questionnaire was answered by 4,864 M.D.'s, a representative cross-section of all active practitioners in the country.

► **JOHN L. LEWIS'** United Mine Workers announced plans last month which eventually will guarantee free medical and hospital care to 400,000 soft-coal miners in 26 coal-producing states. The program, to be financed by the union's huge welfare fund, will utilize the services of private physicians and local hospitals as far as possible, and will cover maternity care as well as minor ailments and incurable diseases. At the outset, benefits will be limited to aged and incapacitated workers, special cases, etc. Eventually, the union plans to include a preventive-care program and to conduct medical research; if

HEAD NURSES

For private, endowed, psychiatric hospital located in attractive, eastern city half way between New York and Boston, with educational, cultural and recreational facilities easily accessible.

Comprehensive psychiatric nursing program. Opportunities in post lobotomy rehabilitation program available now; child psychiatry program available soon.

Appointments made on basis of qualifications.

8-hour day, 44-hour week. Salary \$205.00. Including on-duty meals and quota laundry. Complete maintenance deduction \$55.00. Service and Merit bonuses. Hospitalization insurance. Vacation allowance. Paid overtime.

Positions also available in other categories. Staff nurse basic salary \$185.00. Including on-duty meals and quota laundry.

For further information write:

DIRECTOR OF NURSING

Institute of Living

200 Retreat Ave.

Hartford 2, Conn.



Now Available!

New Comfort and Convenience for COLOSTOMY PATIENTS

BECAUSE it aids in the control of bowel movement, is comfortable to wear, odorless and inconspicuous, colostomy patients are delighted with the Frissell Outfit.

*Folder giving full information
on request—no obligation*

FRISSELL FABRIC COMPANY

25 Frissell St.

Middletown, Conn.

FRISSELL
SPONGE RUBBER
COLOSTOMY PAD

need be, it may also build and operate its own hospitals. The welfare fund is supported by royalty payments from mine owners (20 cents a ton for every ton of coal mined).

► **DENTAL SCHOOLS** graduated 1,713 dentists during the 1947-48 academic year, Chicago sources report. The figure is the lowest since wartime when a peak of 3,212 were graduated.

► **NEWSLINGS:** Army V.D.-incidence is reported to be 50 per cent less than it was two years ago . . . Medical College of Virginia (Richmond) enrolled 96 new student nurses this fall, as compared to 62 last year. Totally, 310 are now in training there . . . According to Dr. Thomas Parran who returned recently from the Far East, the plight of Asia's children is "even more desperate" than that of Europe's . . . Hospital admissions jumped from 8.6 million in 1936 to 17.8 million in 1947 . . . The newly organized International Rescue and First Aid Association has named Dr. Marcellus A. Johnson of Roanoke, Va., as its first president . . . Army estimates it will be short 4,500 M.D.'s by July of next year.

► **WARNING** was issued last month by Food and Drug Administration that two batches of procaine hydrochloride (No. 24830 and No. 64712, manufactured by C. B. Kendall Company, Indianapolis) are dangerous. Dentists as well as physicians use the drug.

NOVEMBER'S BEST BUYS

Buy Uniforms Direct and SAVE



LOOK at the savings!
STYLE 363
NYLON
a regular \$15.00 retail
value for only
\$10.95

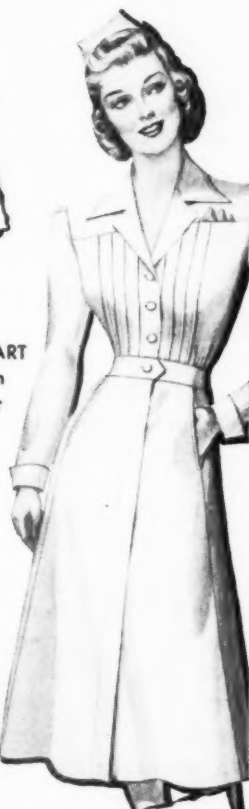
You must look SMART
in a PREEN Uniform
...or return it and your
money will be refunded

← STYLE 363

Pure NYLON
Shirred front and back yoke
Detachable pearl buttons
Set-in belt
2 Diagonal pockets;
handkerchief pocket
Flare 7-gore skirt
Sizes 11-15; 12-46
Short sleeves... #1363

→ STYLE 264

Sanforized 2-Ply Poplin
Concealed snap fasteners
Detachable pearl buttons
Rows of stitched pleats
Sizes 11-15; 12-44
Short sleeves... #1264



Preen

See how smart a
PREEN looks on
you... how well it
fits... and how big
PREEN's savings
are.

Visit our Showroom,
37 E. 28th St., NYC.

STYLE 264
2-PLY POPLIN
A regular \$8.00 retail
value for only
\$5.98

Order by Mail... PREEN UNIFORMS, Inc., 37 E. 28th St., N.Y. 16, N.Y., Dept. RN-11

Please send me the following: Long sleeves Short sleeves Size Quantity Price
#363 ☐ #1363 ☐ \$10.95
#264 ☐ #1264 ☐ \$ 5.98

I enclose ☐ check ☐ money order ☐ send C.O.D.
We pay postage on prepaid orders.

☐ Send me new
Catalogue of
PREEN Styles

Name _____ Address _____
City _____ Zone _____ State _____

The R.N. Anesthetists

[Continued from page 43]

of the nurse anesthetist to patients, surgeons and society.

At Atlantic City in September at the Association's 15th annual meeting in conjunction with the American Hospital Association, it was reported that the membership, 4,325, had swelled to one hundred times the number of that of the original group which met that day in June, 1931 at Lakeside Hospital in Cleveland, Ohio. There are indications that the same driving force possessed by the first president of the organization, Agatha Hodgins, is stimulating the present leadership of the Association.

Included in this year's membership for the first time are five men nurse anesthetists who passed their qualifying examination this year. Those who were in attendance at the 14th annual meeting last year had voted to permit men nurse anesthetists to join the national association. The number of Negro nurse anesthetists allowed membership privileges has never been ascertained as the application blank does not require

that any mention of color be made.

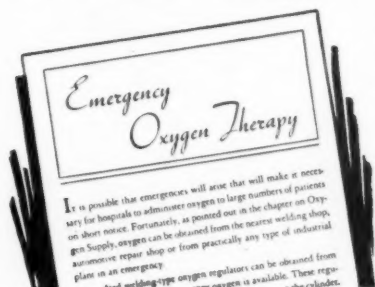
Members from 31 states having organizations affiliated with AANA met to vote on issues of organizational importance at this past national meeting. As a young but expanding organization, there had been some discussion as to whether or not the current procedure of conducting the Association's business was not outmoded. With this in mind, a proposal for revision of the by-laws providing for a house of delegates—one delegate for every 25 members or major portion thereof—was on the agenda.

Proponents of this revision contended that it would give individual members a more representative voice in association affairs than does the present voting system, wherein the vote is held only by members attending the annual meeting.

Although it failed to gain support sufficient to bring the measure to a vote and was referred back to committee and state associations for further study, it was a certain sign of organizational growing pains.

An important accepted revision of the by-laws which will become ef-

Do You Know Enough About Emergency Oxygen Therapy?



Most of what you need to know about emergency oxygen therapy is in the Oxygen Therapy Handbook. Detailed ideas will help you improvise equipment.

Ask for a copy. It will be sent as one of our services to users of LINDE oxygen U. S. P.

THE LINDE AIR PRODUCTS COMPANY
Unit of Union Carbide and Carbon Corporation
30 East 42nd St.  New York 17, N. Y.

The word "Linde" is a registered trademark

LINDE OXYGEN U. S. P.



to your patients . . .
a most important "ingredient" is TASTE!

Yes, doctor, one thing that vitally concerns any patient is the taste of the preparation he must take. Which is one more reason why BiSoDoL is so effective . . . for in addition to its rapid, prolonged action, this mild and soothing antacid alkalizer has a pleasant taste . . . invites patient cooperation.

BiSoDoL's easy-to-take characteristic has won it wide medical acceptance. Try BiSoDoL in your practice, and you, too, will soon see why.

BiSoDoL®

POWDER • MINTS



WHITEHALL PHARMACAL COMPANY
22 E. 40th ST., NEW YORK 16, N.Y.

fective in 1951 was the extension of acceptable anesthesia training courses from an eight-month period to one year. This change will affect the prerequisites of those interested in taking the qualifying examination. Some of the other qualifications needed for eligibility are: The applicant must be a registered professional nurse, a graduate of high school or its equivalent, and also an accredited school of nursing; she or he must have passed State Board examinations; must hold current valid registration in a state; and be between the ages of twenty-two and thirty-five years. In addition, the Association recommends, but does not make it mandatory, that the applicant have at least two years of general nursing behind her. Also, though not imperative, surgical nurse experience prior to a course in anesthesia is considered desirable, for such background provides the anesthetist with more understanding of her duties and those of her fellow-workers.

Conducting the qualifying examination is only one of the many Association functions. The AANA pro-

vides its members quarterly with a technical journal, alternating with a news bulletin between issues; holds Assembly of Schools of Anesthesia annually as an aid to directors in their teaching program; makes available scholarships to nurse anesthetists interested in teaching; conducts an annual convention and institute in conjunction with the American Hospital Association; and for the benefit of the members, provides the services of a reference library.

As the demand for the well qualified nurse anesthetist increases, so will the number of anesthetists who request entree into this visionary Association—the leaders of which had enough foresight to realize the importance of a system of accreditation and the prestige of allowing only adequately educated nurse anesthetists to bear the stamp of the Association's approval. It is these competent nurse anesthetists who inspired allies like the College of Surgeons and enabled the AANA to maintain their professional integrity in face of the newest below-the-belt blows.

—ALICE R. CLARKE, R.N.

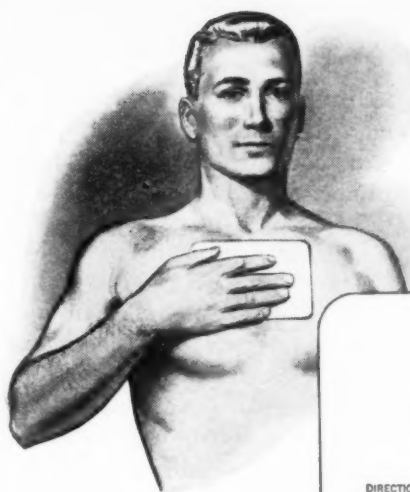


SPECIALIZATION

CLINICAL LABORATORY TECHNIQUE

holds greater opportunities for the capable Nurse Technician than ever before. It is the one field that is not overcrowded, and one in which professional ability is highly regarded and recognized. Our catalog will be of interest and we shall be pleased to mail it postpaid upon request. *Established 30 years.*

Northwest Institute of Medical Technology, Inc.
3404 E. Lake Street Minneapolis 6, Minn.



For chest colds

Johnson's MUSTARD PLASTER

U. S. P.
EXTRA-LARGE SIZE

DIRECTIONS: Soak the plaster in lukewarm water (1 to 2 minutes) and apply to chest (front, side or back). Remove plaster when skin is thoroughly reddened, usually within 5 to 10 minutes.

CAUTION: Do not keep plaster on long enough to blister the skin—never over 15 minutes. If blistering occurs because plaster is left on longer than 15 minutes, apply Johnson's Baby Cream or Petroleum Jelly to soothe the irritated area. When used on children or adults with sensitive skin, place a layer of wet gauze or cloth between plaster and skin.

A JOHNSON-JOHNSON PRODUCT

The time-proved mustard poultice in modern, ready-to-use form

The old-fashioned mustard poultice has long been recognized as sound therapy. For example, Blumgarten's "Textbook of Materia Medica, Pharmacology and Therapeutics," 1937, notes that rubefacients or counterirritants are useful "to relieve pain and tightness in the chest and congestion and inflammation in the lungs."

Whenever this type of treatment is indicated, you will find that Johnson's MUSTARD PLASTERS offer many advantages to your patients. Each plaster comes ready to use. Nothing to prepare. No mess. No fuss. On and off in a few minutes. Heats the spot, stimulates circulation, helps relieve chest colds, bronchitis, sore throat.

Johnson's MUSTARD PLASTERS are recognized and approved by the United States Pharmacopoeia.

For a free sample, write to Johnson & Johnson, New Brunswick, New Jersey. This offer is limited to the continental United States.

Johnson's MUSTARD PLASTER

THE NEW YORK HOSPITAL- CORNELL MEDICAL CENTER

*Offers graduate nurses
unique opportunities
in all clinical fields
including psychiatry*

Starting salary, general duty nurses, \$200 monthly, 44-hour week. \$10 additional, evening or night duty. Regular increases, month's vacation with pay, sick leave with pay, pension benefits, in-service educational program, opportunities for promotion, health service, residence facilities.

Write for our brochure to:

**Director of Nursing Service
The New York Hospital
525 East 68th Street
New York 21, N.Y.**

KNOW MODERN GEL-COOKERY

Don't confuse Knox Gel-Cookery with factory-flavored gelatine dessert powders which are about $\frac{1}{4}$ sugar. Knox, the *real* gelatine, is all protein, no sugar. New-day recipes in every package.

FREE . . . New booklet, "Better Meals With Gel-Cookery," and Special-Diet Bulletins. Send post card to Knox Gelatine, Dept. V-6, Johnstown, N.Y.



KNOX GELATINE
ALL PROTEIN — NO SUGAR

Nurses and Wills

[Continued from page 47]

good example of the last condition would be his omitting mention of a son or daughter because he erroneously believed them to be dead.)

Feeble-mindedness can be established by the testimony of a physician, but insanity is a more difficult problem. If John Jones left his magnificent estate as a home for scientists with the proviso that no clergyman of any denomination ever be allowed to cross its threshold, was he crazy? Such a fixed prejudice might raise a suspicion of insanity, but it would not necessarily be conclusive. Peculiar beliefs, ridiculous prejudices, mannerisms of dress, speech or mode of living have been held *not* to affect one's testamentary capacity, if the testator "knew the objects of his natural affection, the quality and quantity of his estate, and the disposition he desired to make of it."

Even if a person has been certified as insane and confined to an institution for the care of the insane, he may have lucid intervals. The nurse may be asked how he appeared to her when he signed his will and what his attitude was toward the people around him.

The same questions may arise regarding the effect of drugs upon a patient's mentality. For instance, if the patient had cancer and was continually receiving opiates or barbiturates, did they affect his mind to the point where he was incapable of rational action? The nurse cannot answer such a question in the strict

Today
list of
Their
storeh
routin
The
of tiss
of eas
calciu
The b
benefi
system
always
Flor
—for
conval
FLOR

Referer
1. Bridg
Len &
2. McL
and D
3. MacL
of Nu
4. Sherr
Nutri

"Good Medicine"

...and a pleasant prescription for better health!



Today, good nutrition is good therapy, and high on the list of nutritionally valuable foods are the citrus fruits.

Their tempting and refreshing forms, containing a veritable storehouse of essential nutrients,* soundly recommend their routine inclusion in the patient's dietary.

Their content of natural vitamin C—so helpful in the restoration of tissue health and vigor⁴—is extraordinarily high. Their yield of easily-assimilated, rich fruit sugars² is excellent; and by improving calcium retention,¹ they quicken bone and blood building.

The base-forming properties² of the citrus fruits exert a highly beneficial effect throughout the alimentary tract¹ and encourage systemic normality. And their refreshing, tart goodness is always a stimulus to flagging appetites.¹

Florida citrus fruits and juices in the diet (either canned or fresh)—for growth, pregnancy, lactation, infant feeding, illness or convalescence—is always a "good prescription for good health"!

FLORIDA CITRUS COMMISSION • LAKELAND, FLORIDA



*Citrus fruits are among the richest known sources of vitamin C; they also contain vitamins A, B₁, G and P, and other nutritional factors such as iron, calcium, citrates, citric acid and readily assimilable fruit sugars.

References

1. Bridges, M. A.: Dietetics for the Clinician. Lea & Febiger, 4th ed., 1941.
2. McLester, J. S.: Nutrition and Diet in Health and Disease. W. B. Saunders Co., 4th ed., 1944.
3. MacLeod, G. and Taylor, C.M.: Rose's Foundation of Nutrition, The Macmillan Co., 4th ed., 1944.
4. Sherman, H. C.: Chemistry of Food and Nutrition, The Macmillan Co., 7th ed., 1946.



FLORIDA

Oranges • Grapefruit • Tangerines

tion
of a
one-
stab-
physi-
cicult
mag-
tists
an of
ed to
razy?
raise
ould
Pe-
lices,
mode
effect
the
s na-
and
e dis-
."
tified
stitu-
e, he
nurse
ed to
what
people
se re-
pon a
nce, it
s con-
barbi-
ind to
ble of
cannot
strict
1948

There Are Good Positions Waiting For YOU!

NURSE ANESTHETIST: South. \$300, maintenance. Living quarters in nurses home; 75-bed general.

OPERATING ROOM SUPERVISOR: East, metropolitan area. \$225 or more, maintenance, allow if live out; 340 beds.

SCIENCE INSTRUCTOR: Midwest. \$250, maintenance, 42-hour week; must have degree. Hospital in beautiful location, attractive new nurses home.

DIRECTOR OF NURSES: East. \$300, maintenance; 100-bed general, 40-50 students.

OBSTETRICAL SUPERVISOR: Southwest. For modern 40-bed unit; post-graduate in obstetrics; \$220 cash salary.

Shay Medical Agency 55 East Washington Street CHICAGO 2, ILLINOIS



ease your
FEET
into
SOLID COMFORT

Mu-col
FOOT BATH

DRAW THE NAGGING ACHE from tired, burning feet; relaxing them in a comforting, refreshing MU-COL foot bath. Feels so, so good. Just a little white, clean, instantly soluble MU-COL in hot water. Try it!

FREE SAMPLES!

The MU-COL Co., Dept. RN K Buffalo 3, N. Y.

Name.....

Address.....

medical sense of the word, since she is not a physician, but she can tell how the patient appeared to her. Was he dull, apathetic, lacking in interest? Did he confuse the identities of the people around him? Did he have hallucinations and were they constant?

Another possible issue may be the removal of articles of value from the person, room or premises of the deceased immediately after death, or during coma or indifference just prior to death. (This is a matter of particular importance to the nurse because she may be accused of having taken them.) She will be asked what articles of value the deceased had about him — jewelry, bonds, rare books, a stamp collection or anything else of value which could be easily concealed or removed. If so, when and where did she last see these items, and who was in the room at the time or had access to the room?

A person later found to be in possession of such articles, but not mentioned in the will, may claim they were given to him by the deceased. In such cases there must have been delivery: that is, the deceased must have said "I want you to have all my jewelry. Here is the key to my safe deposit box. Go down and get it all out today," or words to that general effect, and handed over the jewelry or signed a withdrawal slip. If a bank account is in question, he must have signed a withdrawal slip and given the bank book to the person to whom he was making the gift.

The question may then arise, was this a gift *inter vivos* or a gift *causa*

10 minute DRY SHAMPOO

- NO SOAP
- NO WATER
- NO DRYING



IDEAL DURING COLDS

Everybody loves the fragrant way Minipoo restores sheen, retains wave! The handy mitt applicator makes it quick and easy to use—no soap, water or drying! Minipoo removes oil, dirt, unpleasant hair odors!

Minipoo

THE QUICK DRY SHAMPOO

30 Shampoos and handy Mitt in each package.

COSMETIC DISTRIBUTORS, INC., 2 High Street, Jersey City 6, New Jersey



Sis' sudden date finds her ready with shining hair, thanks to handy Minipool!



When Ann catches cold, safe, dry, Minipoo keeps her hair clean.



Mother freshens her hair between water shampoos—yet keeps her wave.

**1.
STERILIZED
SWABS
ARE
SAFE**

**2.
DOUBLE-
TIPPED
SWABS
SAVE
TIME**

**3.
Q-TIPS
ARE
STERILIZED
AND
DOUBLE-
TIPPED**



**29c, 49c, 98c
AT ALL STORES**

**Q-TIPS, INC.,
L. I. CITY, N. Y.**

mortis? That is, was the gift made with no thought of death, or was it made only because the patient thought he was about to die?

This is important because it affects the taxes due from the estate. It may also affect the validity of the will, since the court may rule that gifts in the expectancy of death were made in order to avoid including the gifts in the will where they would be taxable. In such a case the court might rule that the property should pass, not according to the will, but to the next of kin.

If the will is not found and is probated as a lost will, the nurse will be asked to testify as to the circumstances under which it was drawn, who was in the room, who witnessed it, when she last saw it, and who had access to the room where it was kept.

Thus in everything concerning wills, the R.N. should train her powers of observation, and record what occurs, so that she may be able to give evidence in a clear and factual manner. No matter how much she may have disliked the deceased or any member of his family she must never allow it to be apparent. Her testimony must conform to her oath as a witness: "I swear to tell the truth, the whole truth and nothing but the truth, so help me God."

When 17th Century Greek law forbade riding boots to all women, nurses were excepted, because their need of them when travelling to visit their patients was recognized. They were also permitted to carry daggers.



You help mothers save money and stretch their food budget when you recommend baby food in cans. In addition, you assure them of high quality and the safety of food hermetically sealed in cans. It has a very high nutritional value. *American Can Company, New York, Chicago, San Francisco.*

Johnson's

BACK PLASTERS

symptomatically

relieve BACKACHE

three ways

• **First**, these plasters provide mild counter-irritation which causes local and reflex hyperemia—helping to relieve congestion and muscle pain. **Second**, they provide some support and aid in immobilization. Their supporting effect tends to reduce pain and muscle spasm. **Third**, they provide warmth and protection to the painful area.

Johnson's BACK PLASTERS are particularly effective in cases of low back strain, sacroiliac arthritis, myositis, lumbosacral fascitis and intercostal neuralgia. These plasters are safe, convenient and known by patients. They provide continuous supportive treatment over a period of several days.

* * *

During trying days, Johnson's BELLADONNA PLASTER helps in



Here a Johnson's
BACK PLASTER is being
applied for myositis.



two ways to relieve many of the annoying symptoms accompanying dysmenorrhea: 1. It provides the pharmacodynamic action of belladonna in full strength which is slowly absorbed and creates a mildly antispasmodic action in the uterine musculature. 2. It promotes warmth and support of aching back muscles thus helping to relieve that "tired feeling."

Write for liberal free supply of Johnson's BACK PLASTERS and BELLADONNA PLASTERS. Offer is limited to U.S.A. Dept. RN, Johnson & Johnson, New Brunswick, N. J.

Johnson's BACK PLASTER

AD
poin
pita
oper
Pers
cage

ADM
tard
met
ary.
Lars
11, 2

ANI
clud
hosp
\$325
Med
Pain

ANI
surg
Coll
Bure
olive

ANI
nia
40-h
(for
reau

ASS
300-
to h
\$4.00
ware
Bure

ASS
SER
nurs
Medi
cago

CHI
nurs
admi
to \$
holid
Thir

CHI
beds
apar
Ager
Ill.

nov

POSITIONS AVAILABLE

In accordance with a recent change in policy, all notices in Positions Available are now considered paid advertising. The rate per insertion is \$5 for the first four printed lines, \$1 for each additional line. Count six words per line. Copy must be submitted to R.N., Rutherford, N. J., by the 10th of the month preceding publication.

ADMINISTRATOR: Unusually attractive appointment in 60-bed approved general hospital not far from Marietta, Ohio. Salary open. Woodward (formerly Aznoes) Medical Personnel Bureau, 185 N. Wabash Ave., Chicago 1, Ill.

ADMINISTRATOR: School for mentally retarded children in suburb of Middle Western metropolis. Excellent staff; attractive salary. RN11-1, Medical Bureau (Burneice Larson, Director), Palmolive Bldg., Chicago, 11, Ill.

ANESTHETIST: Latin America. Duties include supervising ward sections of modern hospitals operated under American auspices; \$325-\$390 plus living allowance. RN11-4, Medical Bureau (Burneice Larson, Director), Palmolive Bldg., Chicago 11, Ill.

ANESTHETIST: Middle West. Assist two surgeons, Diplomates of American Board. College town; \$400-\$500. RN11-5, Medical Bureau (Burneice Larson, Director), Palmolive Bldg., Chicago 11, Ill.

ANESTHETIST: 300-bed approved California hospital not far from San Francisco; 40-hour week; \$3,600 per year. Woodward (formerly Aznoes) Medical Personnel Bureau, 185 N. Wabash Ave., Chicago 1, Ill.

ASSISTANT DIRECTOR OF NURSES: East. 300-bed approved hospital. Experienced; able to handle personnel and assignments; \$3,000-\$4,000 with complete maintenance. Woodward (formerly Aznoes) Medical Personnel Bureau, 185 N. Wabash Ave., Chicago 1, Ill.

ASSOCIATE DIRECTOR OF NURSING SERVICE: Midwest. 276 beds. Degree in nursing education; \$287.50-\$312.50. Shay Medical Agency, 55 E. Washington St., Chicago 2, Ill.

CHIEF NURSE: Blood Center, staff ten nurses. Degree; two years' supervisory or administrative experience; salary range \$270 to \$344; 40-hour week; 18 days vacation; all holidays. Apply American Red Cross, So. Third St., Louisville, Ky.

CHIEF SUPERVISING NURSE: East. 125 beds. 5-day week; minimum \$250; 2-room apartment, private bath. Shay Medical Agency, 55 E. Washington St., Chicago 2, Ill.

COLLEGE NURSE: Excellent opening on College Health Service of large co-educational college in Chicago area. \$175 with maintenance. Woodward (formerly Aznoes) Medical Personnel Bureau, 185 N. Wabash Ave., Chicago 1, Ill.

DELIVERY ROOM NURSE: Relief supervisor; unusually fine connection; one of California's best hospitals; \$250; 44-hour week. Business and Medical Registry (agency), 553 S. Western Ave., Los Angeles 5, Calif.

DIETITIAN: General hospital; salary open. 8-hour day, 6-day week; vacation after year and sick leave after six months. Apply Woodstock Public Hospital, Woodstock, Ill.

DIRECTOR OF NURSES: Qualified to direct nursing service in hospital without training school; located convenient to New York City; good future. Apply Superintendent, Bergen County Hospital, Ridgewood, N.J.

DIRECTOR OF NURSES: 100-bed approved general hospital in resort area near New York City. Degree required; \$3,600 per year with complete maintenance. Woodward (formerly Aznoes) Medical Personnel Bureau, 185 N. Wabash Ave., Chicago 1, Ill.

DIRECTOR OF NURSING SERVICE: South. New, modern hospital; average census 170 daily; town of 50,000 near university medical center; \$4,440-\$5,440. RN11-7, Medical Bureau (Burneice Larson, Director), Palmolive Bldg., Chicago 11, Ill.

DIRECTOR OF OUTPATIENT DEPARTMENT: East. Rapidly growing teaching hospital; university medical center; administrative experience necessary; salary open to discussion. RN11-8, Medical Bureau (Burneice Larson, Director), Palmolive Bldg., Chicago 11, Ill.

EDUCATIONAL DIRECTOR: Training school conducted under American auspices outside Continental United States; knowledge of French desirable. RN11-10, Medical Bureau (Burneice Larson, Director), Palmolive Bldg., Chicago 11, Ill.

EDUCATIONAL DIRECTOR: West. 200-bed approved general hospital. Well-quali-

fied; several years' experience; \$3,000-\$4,000 per year with maintenance. Woodward (formerly Aznoes) Medical Personnel Bureau, 185 N. Wabash Ave., Chicago 1, Ill.

EXECUTIVE SECRETARY: Fifth District, Florida State Nurses' Association; degree required; state experience. Address application to Euradeen Stafford, Jackson Memorial Hospital, Miami 36, Fla.

GENERAL DUTY NURSES: For 43-bed general hospital; 32 miles from Nashville; salary open; full maintenance. Also surgical nurses. Rutherford Hospital, Murfreesboro, Tenn.

GENERAL DUTY NURSES: Michigan. All shifts; good salary, full maintenance; vacation, sick leave; small general hospital within 15 minutes' drive of vacation center. Write to either F. J. Ruenauber, Room 1, Court House, or R. DeVol, Boardman Valley Hospital, Traverse City, Mich. All inquiries answered.

GENERAL DUTY NURSES: 65-bed hospital; 8-hour duty, 6-day week; alternating shifts; two weeks paid vacation after one year; sick leave after six months; attractively located hospital in Northwest Florida; good salary with meals and professional laundry furnished. Apply Superintendent, Jackson Hospital, Marianna, Fla.

GENERAL DUTY NURSES: Maryland. Relatively new 100-bed general hospital; bus service to nearby Washington, D.C.; \$208 plus \$10 and \$15 respectively for night and evening duty; vacation with pay; sick benefits. Apply Directress of Nurses, Prince George's General Hospital, Cheverly, Md.

GENERAL DUTY NURSES: Southwest. Interesting opportunity; rehabilitation center for post polio cases; unit of national organization; \$200 plus full maintenance; several openings. RN11-11, Medical Bureau (Burneice Larson, Director), Palmolive Bldg., Chicago 11, Ill.

GENERAL STAFF DUTY NURSES: General hospital. 66 beds, 10 bassinets; good personnel policies; salary \$200; maintenance deducted; allowance made for evening and night duty. Apply Director of Nurses, Hospital, Lake Forest, Ill.

GENERAL STAFF NURSES: Eligible for Colorado registration. 200-bed general industrial hospital; salary \$200; \$15 additional for 3-11 and 11-7; 44-hour week. Apply to Director of Nursing Service, Corwin Hospital, Pueblo, Colo.

GENERAL STAFF NURSES: 5-day, 40-hour week; positions in post operative, surgical and medical departments, surgical and medical tuberculosis units, and operating rooms; 8-hour day begins at 7:30 or 8; six holidays with pay; 12 days' illness pay; 12 days' paid vacation yearly; salary full cash basis; rotating duty \$205 minimum, \$215 maximum; additional \$5 per month for permanent evening or night duty. Room charge of \$20 per month for nurses desiring to live in nurses' residence. Promotion to assistant and head nurse positions made from staff members. Write Director of Nursing, University Hospital, Ann Arbor, Mich.

GRADUATE NURSES: Supervisory duty in California hospital for tuberculosis; ideal winter climate; good living and working conditions; salary starts \$245 per month. Write Director, Tulare-Kings Counties Hospital, Springville, Calif.

GRADUATE NURSES: Beginning salary \$180 including \$30 bonus and full maintenance; 16 holidays; two weeks vacation; five days off per month. Apply Director of Nurses, Essex County Isolation Hospital, Belleville, N. J.

GRADUATE NURSES: Southern California in Los Angeles. \$221 month; room and maintenance available; 40-hour week; paid vacation; sick leave and other Civil Service Benefits. Inquire Los Angeles County Civil Service, 102 Hall of Records, Los Angeles 12, Calif.

HEAD NURSE: Medical floor; salary \$221; pleasant climate and living conditions; near famous resort. Apply to Director of Nursing Service, Corwin Hospital, Pueblo, Colo.

HEAD NURSES and GENERAL DUTY NURSES: 40-hour week; salary \$200 per month with uniform laundry. Apply Superintendent of Nurses, Ada County Hospital, Boise, Idaho.

INSTRUCTOR, CLINICAL: South. Department of nursing, state university; teach ward

*Thrilling New Skin Beauty
usually in just 7 days!*

Clearer, softer, more alluring skin, radiant new tone can be yours when you lather-massage your face regularly twice daily with fragrant, mildly medicated Cuticura Soap. To help clear up externally caused pimples, follow nightly cleansing with emollient Cuticura Ointment. A wonderful complexion help. Try it!

CUTICURA SOAP & OINTMENT



NURSE...

No other mouthwash
has the same thorough
cleansing and
stimulating action on
mucous membranes.

ACTIVE INGREDIENTS
Zinc Chloride - Menthol
Formaldehyde - Saccharine
Oil Cinnamon - Oil Cloves
Alcohol 5%

LAVORIS
REG. U.S. PAT. OFF. MOUTHWASH AND GARGLE

For a Clean Mouth and Throat

DETACHES AND REMOVES GERM HARBORING FILM FROM MOUTH AND THROAT



THE LAVORIS COMPANY • MINNEAPOLIS 1, MINN.

Nesian White Nylons

'Walking All Over The Country'

Specially Constructed for Nurses

Nurses all over the country are turning to Nesian for their 30 denier 'On-Duty' White Nylons. They are getting longer and better wear by far from every pair of Nesian Style 510-W White Nylons. Specially finished to resist runs, and proportionately constructed for a better fit, Nesian Style 510-W is Full Fashioned, reinforced at toe and heel, All Nylon and guaranteed First Quality.

Always say "Nesian" . . . when you want the best!

Medium 8½ to 10½	\$1.15 per pr.	\$6.60 for 6 prs.
Long 9½ to 11	\$1.25 per pr.	\$7.20 for 6 prs.

NESIAN CO. INC.

131 Larchmont Ave., Larchmont 11, N.Y.

Please send me _____ prs. Style 510-W White Nylons in size _____.

() Check () Money Order enclosed \$ _____

() Send C.O.D.

Name _____

Address _____

City _____ State _____

Other Styles in newest Fall and Winter Colors also available.





Ann Woodward
Director

Estate, R.N.

TEN TO ONE, the most valuable piece of property a nurse possesses in her own right is the training and experience which insure her future. On this property she deserves the highest possible return in personal satisfaction and income . . . When you believe you can invest your personal assets to better advantage—and many nurses are now doing just that!—you can entrust your "estate" to us. Fifty-two years' successful counselling with nurses has prepared us to help you, too.

WOODWARD MEDICAL PERSONNEL BUREAU (Formerly Aznoe's)

**Ninth Floor, 185 N. Wabash Ave.
Chicago 1, Illinois**

Our Fifty-second Year

GLAMOUROUS NYLON

Here is a uniform you will be proud to own. Washable nylon dries in 20 minutes and requires little or no ironing. Order by mail or visit our most convenient store. Free catalog on request.

Style No. 1285.

Sizes 12 to 18,
36 to 46.

\$13.95 ea.



NURSECRAFT UNIFORMS

New York: 120 E. 59th St.

Newark: 835 Broad St.

Philadelphia: 1001 Chestnut St.

Pittsburgh: 2119 Jenkins Arcade

Chicago: 55 E. Washington St.

Detroit: 307 Metropolitan Bldg.

administration, ward instruction, supervision to graduate nurses; appointment carries faculty rank. RN11-13, Medical Bureau (Burneice Larson, Director), Palmolive Bldg., Chicago 11, Ill.

LABORATORY TECHNICIAN: Midwest. Woman. 5-day week; \$250, meals and laundry. Shay Medical Agency, 55 E. Washington St., Chicago 2, Ill.

LABORATORY TECHNICIAN: Old California city on ocean; ideal climate; recommended hospital connection; 44-hour week; \$235 with full maintenance. Business and Medical Registry (agency), 553 S. Western Ave., Los Angeles 5, Calif.

MALE STAFF NURSES: General hospital, 8-hour day; 6-day week; alternating shifts 7-3, 3-11 on medical and surgical floor and 3-11 shift in surgery; salary \$150 for 7-3, \$160 for 3-11 and 11-7 with maintenance; vacation after one year; sick leave after six months. Apply Woodstock Public Hospital, Woodstock, Ill.

MEDICAL RECORD LIBRARIAN: Small approved hospital in San Francisco Bay area; 44-hour week; \$260. Business and Medical Registry (agency), 553 S. Western Ave., Los Angeles 5, Calif.

NURSE ANESTHETIST: \$250 monthly plus complete maintenance. Apply to Director, Middlesex General Hospital, New Brunswick, N.J.

OPERATING ROOM NURSE: New Jersey. Pediatric hospital; metropolitan district. Contact Director of Nurses, Babies' Hospital, Coit Memorial, 15 Roseville Ave., Newark, N.J.

OPERATING ROOM NURSES: 150-bed accredited general hospital; salary \$1 per hour to start with additional compensation for call-time; 44-hour week; vacation and sick leave with pay; rooms available \$10 to \$18 per month in nurses' home. Write Director of Nurses, Glenville Hospital, Cleveland 8, Ohio.

ORTHOPEDIC NURSE CONSULTANT: Florida Crippled Children's Commission. Qualifications must meet requirements established by this agency and include orthopedic training and public health. Apply giving qualifications and experience to Dr. L. J. Graves, Director of Services, P. O. Box 1028, Tallahassee, Fla.

PUBLIC HEALTH NURSE: Pacific Northwest. Training in venereal disease investigation and control; 5-day, 40-hour week; \$66 weekly; early increase. RN11-15, Medical Bureau (Burneice Larson, Director), Palmolive Bldg., Chicago 11, Ill.

REHABILITATION NURSE: Chicago. Large industrial company; duties consist of handling workmen's compensation cases, visiting nursing. RN11-16, Medical Bureau (Burneice Larson, Director), Palmolive Bldg., Chicago 11, Ill.

REGISTERED NURSES: Attention! Now that you have decided to come to California



No significant difference

Two-year study with human subjects results in practically *twin* records of health and growth for those fed butter and those fed fortified margarine like Nucoa.*

This research, carried out recently by workers in the children's department at the University of Illinois College of Medicine, holds special interest because it is the first comprehensive study of its kind made with human subjects.

267 children, divided into two approximately equal groups, were fed supervised diets in which nutrients were the same, except that one group was fed fortified margarine and the other butter for table fat. Trained personnel examined the children's blood and kept regular height and weight records.

THE RECORD: No significant difference! The margarine-fed children grew just as well as those fed butter. Their health record was

equally good. No unfavorable effects were detectable in their blood.

THE CONCLUSION: "Growing children experience normal growth in height and weight when their diets contain only fortified margarine as table fat, as shown by comparison with children fed on similar diets with butter as the source of table fat, and by comparison with standard height and weight tables."*

THE APPLICATION: As teachers, health guardians, and advisers in promoting good nutritional habits in homes at all income levels, you will welcome this new evidence of the food value of margarine.

You will want to familiarize yourself with the use of margarine in cooking and on the table in your own home. Be sure to try Nucoa margarine. The controlled uni-

formity of Nucoa's flavor and texture, freshness and year-round vitamin A value, make Nucoa an outstanding example of just how good margarine can be.

*See Jnl. of the American Medical Association, Vol. 136, No. 6, P. 388



"NUCOA" REG. U. S. PAT. OFF.



NUCOA

America's most popular margarine

MADE BY THE MAKERS OF BEST FOODS AND HELLMANN'S REAL MAYONNAISE

to work, consider the Stanislaus County Hospital at Modesto your future home. We are offering the following: staff nurses \$211 for 7:00 A.M.-3:00 P.M.; \$221, 3:00 P.M.-11:00 P.M. or 11:00 P.M.-7:00 A.M.; O. B. and Contagion \$221 for 7:00 A.M.-3:00 P.M.; \$231, 3:00-11:00 P.M. or 11:00 P.M.-7:00 A.M. On July 1st of each year a \$10 per month raise will be given. 40-hour week, time and a half for overtime; 15 working days vacation; nine paid holidays; retirement plan and one day sick leave per month accumulated; room in nurses' home \$10 per month; laundry (uniforms) \$5 per month and meals 35 cents per meal. Modesto is only a two-or-three hour drive to the ocean, mountains or San Francisco; ideal spots to spend your two days off. Apply H. V. Maloney, Administrator, Stanislaus County Hospital, Modesto, Calif.

REGISTERED NURSES: Tuberculosis hospital; 620 beds; starting salary \$220 per month; maintenance valued at \$45 deductible; \$10 additional for evening and night duty; 21 days paid vacation for one year of service; retirement benefits; staff educational program; opportunity for advancement; transportation allowance after first year of service. Apply by air mail to Director of Nursing, Leahi Hospital, Honolulu 26.

REGISTERED NURSES: For new floors; exceptional opportunity in new building; 44-hour week; beginning salary \$200 per month; regular increase every six months; liberal paid vacation, holidays and sick leave; meals and room available in new nurses' home at low cost. Director of Nurses, Mount Sinai Hospital, Chicago 8, Ill.

REGISTERED NURSES: 150-bed approved general hospital; straight 44-hour week; salary \$1 per hour; rotating schedule to start; bonus 60 cents evenings or nights; vacation and sick leave with pay; rooms available \$10 to \$18 in nurses' home. Write Director of Nurses, Glenville Hospital, Cleveland 8, Ohio.

STAFF NURSES: For modern 200-bed hospital; \$210 for 44-hour week, increase in six months; \$10 extra for 3-11 and 11-7 duty; seven holidays, 12 days vacation, 10 days sick leave yearly; cafeteria service; laundry furnished; room available \$10 a month. Apply Director of Nurses, Pontiac General Hospital, Pontiac, Mich.

STAFF NURSES: Starting salary \$2,520 a year including bonus and maintenance; regular increases; 8-hour day; liberal vacation and sick leave. Apply Superintendent of Nurses, Essex County Sanatorium, Verona, N.J.

STAFF NURSES: Base salary \$215; semi-annual increases to \$230; afternoon, night and surgery nurses \$10 additional; 5-day, 40-hour week; nurses included in the Nursing Security program. Apply Director of Nursing, French Hospital, San Francisco, Calif.

STAFF NURSES: Starting salary \$180 plus meals and laundry; 5½-day week; \$20 additional for evening and night duty; 12 days' sick leave; holidays; two weeks vacation first year, three weeks thereafter; desirable living quarters available. Apply Director of Nurses, Englewood Hospital, 6001 South Green St., Chicago 21, Ill.

STAFF NURSES: Positions available on various services; 40-hour week; salary \$225 to \$275 per month; additional \$10 for evening, night and relief duty; uniforms laundered; cafeteria service; overtime remuneration; two weeks paid vacation; eight holidays per year; sick leave accumulative; retirement benefits. Apply to Director of Nursing Service, Kern General Hospital, Bakersfield, Calif.

STAFF NURSES and SUPERVISORS: Unique opportunities in progressive program for psychiatric patients. Modern nurses' home; many recreational facilities; excellent educational program. Promotional opportunities; automatic increases; maintenance optional; liberal vacation and illness policies; hospital and group insurance; 8-hour day, no split shifts; 11 holidays. Graduate nurse \$2,340-\$2,700; head nurse \$2,580-\$2,940; supervisor \$2,820-\$3,420. Apply Director of Nursing, Norwich State Hospital, Norwich, Conn.

SUPERINTENDENT OF NURSES: Approved 250-bed Southern California general hospital. Require mature, forceful personality; top training and experience. Ideal working conditions; exceptionally beautiful surroundings. \$295 month and full maintenance. Apply Key Personnel Agency, 46 Kearny St., San Francisco, Calif.

[Turn the page]

Of IMPORTANCE to BUSY NURSES

You Are Always Prepared
with quick dependable relief
for itching, burning distress of

- Chafed Skin
- Rough, Irritated Hands
- Blistered, Tender Feet
- Minor Burns

if you have a jar of soothing Resinol handy for immediate use. Its special medication in lanolin relieves the discomfort of these, and similar skin irritations with surprising speed—lessening the threat to your comfort and efficiency.

For professional sample of Resinol Ointment and Soap write Resinol, RN-43, Baltimore 1, Md.




1¼ OUNCE AND
3½ OUNCE JARS

Resinol

AT ALL
DRUGGISTS

Research shows how your patients can have good food at less cost

Full-year field check by 19 Universities* establishes significant data on food costs. Study compares COSTS AND AVAILABILITY of 12 commonly used Fruits and Vegetables in their four marketable forms—Fresh, Frozen, in Glass and in Cans.

EXAMPLE: PEAS PER PENNY FOLLOWING AVERAGE POUND PRICES ALL BASED ON SOLID EDIBLE PORTION			
FRESH PEAS  52¢		FROZEN PEAS  38¢	
PEAS IN GLASS  33¢		PEAS IN CANS  26¢	

In these days of high prices, people ask: "How can I get more food value for my food dollar?" 19 American universities sought the answer in a recent 12-months' research project. Results boil down to this: Penny for penny, canned foods in general give consumers more food for their money, as well as more nutritional values. Most foods in cans cost less than the same foods in glass — less than fresh foods—and far less than frozen foods.

SOUND RECOMMENDATION

As you know, no matter how good a particular food may be from the nutritional standpoint, if it is not readily available, or if the price is high—that food is of little practical value. Therefore, the known nutritional values of food in cans, plus the *high* percentage of year-round availability and the *low* cost of canned foods in general, are a winning combination. Re-

sults of this pioneering coast-to-coast research again demonstrate how important canned foods are in relation to improved national nutrition. Their variety, their convenience for storage and use, together with their availability and economy, constitute a sound basis, we believe, for your recommending this solution to today's high cost of living.

FREE

booklet giving full details
of Comparative Cost
and Availability Study.

*For full details see "Comparative Cost and Availability of Canned, Glassed, Frozen, and Fresh Fruits and Vegetables" in the April issue of the *Journal of the American Dietetic Assn.*

CAN MANUFACTURERS INSTITUTE, INC.
60 East 42nd Street, New York 17, N. Y.

Please send me, free of charge, _____
copies of the new booklet entitled:
"Canned Foods in the Economic
Spotlight." L

Name _____

Address _____

City _____ State _____



for Your Patients!

How often do you hear patients say: "My lips are so dry!" And how easy it is to apply the soothing comfort of 'CHAP STICK.' This handy little bedside companion is specially medicated for "hospital lips." It's *the only antiseptic lip balm*. You'll be surprised how much your patients will welcome the relief that 'CHAP STICK' brings—how thankful they'll be to you for suggesting it. Use it on *your own lips*, when they're chapped or cracked by wind and weather.

Write for
free sample



Price 25c
No Federal Tax

CHAP STICK CO., Lynchburg, Va.

SUPERVISOR, FLOOR: Florida. General hospital having approximately 200 beds; ideally located in winter resort town; salary open to discussion. RN11-19, Medical Bureau (Burneice Larson, Director), Palmolive Bldg., Chicago 11, Ill.

SUPERVISOR: Small, private general hospital in San Joaquin Valley, northeast of Los Angeles; \$250 for P.M.; maintenance. Business and Medical Registry (agency), 553 S. Western Ave., Los Angeles 5, Calif.

SUPERVISORS: Admissions, central supply, surgical floor contagion. Beautiful, new hospital; teaching affiliation; excellent living accommodations in beautifully furnished apartment building; opportunity for continuing studies. RN11-18, Medical Bureau (Burneice Larson, Director), Palmolive Bldg., Chicago 11, Ill.

SUPERVISORS: Night, floor and O. R.; also director of nurses. 112-bed modern hospital; beautiful grounds; newly furnished nurses' homes; 30 minutes to Chicago's loop; 5½-day week. Ingalls Memorial Hospital, Harvey, Ill.

SURGERY NURSE: Salary \$275; 3-11 shift. Also four general duty nurses; salary \$213 for 7-3 shift with additional \$10 for afternoon (3-11) and night (11-7) shifts; \$10 deduction monthly for one meal a day, optional; laundry furnished by hospital. Tulare County General Hospital, Tulare, Calif.

SURGERY NURSE: County hospital in Nevada mountains; post course or experience required; \$210, maintenance. Business and Medical Registry (agency), 553 S. Western Ave., Los Angeles 5, Calif.

SURGERY SUPERVISOR: California resort city. Excellent working conditions; schedule not heavy; 40-hour week; \$200, complete maintenance. Business and Medical Registry (agency), 553 S. Western Ave., Los Angeles 5, Calif.

SURGICAL and GENERAL STAFF NURSES: 112-bed modern hospital; beautiful grounds; newly furnished nurses' homes; 30 minutes to Chicago's loop; 5½-day week; general staff nurses P. M. and night and surgical nurses \$216.67 monthly; general duty days \$195 monthly; all plus meals and laundry; room \$26 if desired. Ingalls Memorial Hospital, Harvey, Ill.

SURGICAL INSTRUCTOR: California. Teach surgical nursing, allied subjects, \$285; low cost maintenance. Shay Medical Agency, 55 E. Washington St., Chicago 2, Ill.

SURGICAL NURSES: West coast. 50-bed hospital; over \$220; meals while on duty. Shay Medical Agency, 55 E. Washington St., Chicago 2, Ill.

X-RAY AND LABORATORY TECHNICIAN: South. Doctor's office; \$250; maintenance; nice climate. Shay Medical Agency, 55 E. Washington St., Chicago 2, Ill.

*The professional uniform
with a
dressmaker's touch*



*You are the inspiration
for this*

BARCO OF CALIFORNIA
Nylon Uniform!

Yes, you are the inspiration for Barco Uniforms. Designed for the professional life you lead, yet individualized with creative California style touches, Barco Uniforms take you through "duty hours" crisply and flatteringly. For instance, this one tailored of fine BELDING NYLON features a smart Trench-tuck yoke; hi-low convertible collar, push-up sleeves, detachable contour belt, removable shoulder pads and two functional pockets. How does it launder? Like magic, and it dries in a flash! Style No. 925, sizes 10 to 20. To retail at 14.95.

Note: This same uniform is available in COMBED SANFORIZED POPLIN. Style No. 918, sizes 10 to 20. To retail at 8.95.

WRITE FOR OUR FREE 1948 STYLE CATALOG
AND NAME OF STORE NEAREST YOU

BARCO GARMENT COMPANY

937 E. PICO BLVD., LOS ANGELES 21, CALIF.

WHERE TO FIND OUR ADVERTISERS

American Can Co.	99
American Hospital Supply Corp.	16
Arren Company, The	10
Avon Shoe Co.	6
Barco Garment Co.	109
Bayer Aspirin	13
Becton, Dickinson & Co.	70
Beech-Nut Packing Co.	IBC
Belmont Laboratories Co.	69
Bencone Uniforms, Inc.	76
Best Foods, Inc., The	105
Budget Uniform Center	19
Bulova Watch Company, The	20
Business & Medical Registry	64
Bristol-Myers Co.	2, 15, 27, 112
California Hospital	BC
Camels	7
Can Manufacturers' Institute	107
Carbisulphoil Company	58
Carlson Mfg. Co.	82
Chap Stick Company	108
Chicago Medical Book Co.	66
City of Detroit	72
Clapp's Baby Cereals	21
Clinic Shoe for Young Women in White	11
Cuticura	102
Cutter Laboratories	67
Davol Rubber Co.	81
Dennison Mfg. Co., The	84
Energine Shoe White	60
Ex-Lax, Inc.	12
Florida Citrus Commission	95
Florists' Telegraph Delivery	18
Foley Mfg. Co.	72
Frissell Fabric Co., The	88
Gerber Products	83
Gotham Hosiery Co.	22
Griffin Mfg. Co.	111
Grove Laboratories, Inc.	60
Institute of Living, The	88

Johnson & Johnson	17, 25, 93, 100
Knox Gelatine Co., Inc., Chas B.	94
Kress & Owen Co.	29
Lavoris Co., The	103
Leeming & Co., Inc., Thos.	IFC, 65
Levor & Co., Inc., G.	80
Linde Air Products Co.	90
McKesson & Robbins, Inc.	61
Medical Bureau, The	68
Meds Tampon	63
Merck & Co., Inc.	73
Minipoo	97
Mu-Col Company, The	96
Musterole Co., The	85
National Dairy Products Corp.	9
Nesian Co., Inc.	103
N. Y. Hospital	94
Northwest Institute of Med. Tech., Inc.	92
Nursecraft, Inc.	104
Nurse Craft Shoppe	14
Pacquin, Inc.	59
Polident	86
Preen Uniforms, Inc.	89
Pyramid Rubber Co.	24
Q-Tips, Inc.	98
R.N. Specialty Co.	56
Resinol Chemical Co.	106
Reynolds Tobacco Co., R. J.	7
Seamless Rubber Co.	3
Sceck & Kade, Inc.	8
Sharp & Dohme	28
Shay Medical Agency	96
Sugar Research Foundation, Inc.	78
Swift & Co.	26
Tailby-Nason Co.	62
Tampax, Inc.	57
Union Carbide & Carbon Corp.	90
Vapo-Cresolene Co.	76
Warner & Co., Inc., Wm. R.	77
Whitehall Pharmacal Co.	4, 91
White Rock Uniform Co.	74
Woodward Medical Personnel Bureau	104

IF YOU HAVE CHANGED YOUR ADDRESS RECENTLY

Please fill out the following form:

Name _____ R.N.

(PLEASE PRINT)

Former address:

New address:

Street _____

Street _____

City _____

City _____

Zone _____ State _____

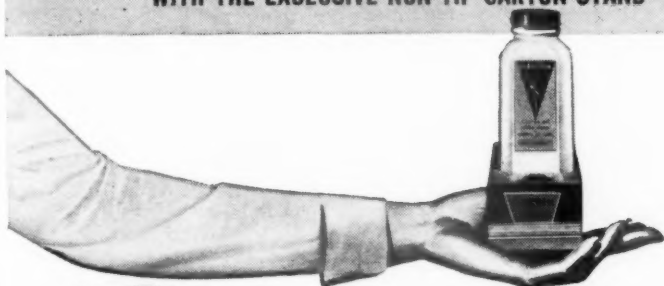
Zone _____ State _____

(Please use this coupon for address change only)

00
94
29
03
65
80
90
61
68
63
73
97
96
85
9
103
94
92
104
14
59
86
89
24
98
56
106
7
3
8
28
96
78
26
62
57
90
76
77
4, 91
74
104
Y
N.
NT)

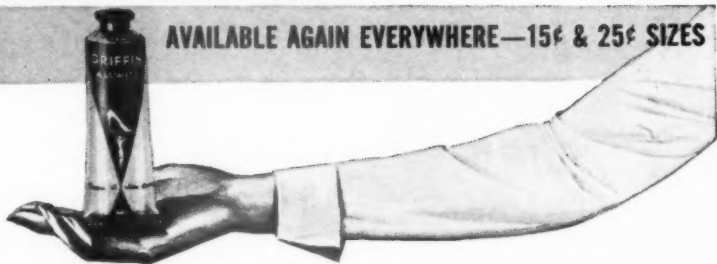
"I'll take the bottle"

WITH THE EXCLUSIVE NON-TIP CARTON STAND—10¢ & 25¢ SIZES



"I'll take the tube"

AVAILABLE AGAIN EVERYWHERE—15¢ & 25¢ SIZES



but more nurses take to Griffin—
their favorite white shoe cleaner

Again in 1947, in a nation-wide survey nurses voted GRIFFIN ALLWITE their favorite white shoe cleaner, because...

- IT MAKES SHOES WHITER actually whiter than new.
- CLEANS WELL
- RESISTS RUBBING OFF
- EASY TO APPLY
- SAFE FOR ALL WHITE SHOES

Either way... in the economical bottle, with its neat applicator and non-tip carton that prevents spilling... or the tube that's always handy and so convenient to carry in your bag... GRIFFIN ALLWITE keeps your shoes sparkling white.

new and better **GRIFFIN ALLWITE**

for soft smooth hands that people admire...



morning

noon

AND
night

Begin today to use **TRUSHAY**—and when patients admire your well-groomed hands, tell them about the lotion with the

"beforehand" extra—

TRUSHAY

Now you can have those well-groomed hands *On Duty* as well as *Off Duty*—in spite of the drying damage of frequent scrubblings, soap and water.

With **TRUSHAY** that is.

For **TRUSHAY** starts off by being the most luxurious softener that ever smoothed your skin—rich as cream—but without a trace of stickiness. It's sheer delight to use at any time.

And that isn't all.

For **TRUSHAY** does double duty with its unique "beforehand" extra. Smoothed on *before* frequent washings, **TRUSHAY** protects your hands even in hot, soapy water—guards the skin by helping to preserve its natural lubricants.

Product of **BRISTOL-MYERS**, 19 West 50 Street, New York 20, N. Y.

This is the type of advertising
Beech-Nut is running in newspapers
and magazines to reach mothers



**It takes
all three**
*to make the right
infant feeding schedule*

THE DOCTOR advises what the baby should eat. He will recommend scientifically prepared baby foods that have the natural food values and flavor retained in high degree. Beech-Nut makes baby foods the way doctors and food specialists want them made.

THE BABY instinctively knows *how much* he wants to eat—and many food specialists now say, "Don't feed your baby too much."

THE MOTHER lets her baby's own appetite decide *when*, and thus establish an easy-to-keep feeding schedule. Meal time can be happy time when Doctor, Baby and Mother get together.

Beech-Nut FOODS for BABIES

Make happy meal times



"ACCEPTED"

Beech-Nut high standards of baby food production and all Beech-Nut baby food advertising have been accepted by the Council on Foods and Nutrition of the American Medical Association.

A complete line of Beech-Nut
Fruit and Vegetable Soups, Vegetables,
Fruits and Desserts.

*Always
packed in
glass*



An Ideal Gift

FOR A JUNIOR MISS



"It pleased me that you used the title I suggested."
Lloyd C. Douglas.

Inspirational reading for the high-school girl who is ready to choose her career.

A STUDENT NURSE SAYS: "Your book . . . I completed it a few moments ago . . . It makes me just a little prouder to say, 'I am a nurse, also'." *Helen Page Bohman, Class of '48, Cornell University-New York Hospital School of Nursing.*

THE U.S. NAVY SPEAKS: "Your book is a proud accomplishment . . . a challenge to the nurses of the future to meet the problems of their time as gallantly and ably as you have always met yours." *Nellie Jane DeWitt, Captain, Nurse Corps, United States Navy.*

\$2.75 at all Bookstores or order direct from California Hospital, 1414 South Hope Street, Los Angeles 15, California. Mail order **\$3.00.**

NON-PROFIT: All monies gained from the sale of this book will be used to provide hospitalization for nurses.